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**EMP 845 Kundalini Energy: Investigations  
in Transcendence Healing (3 Credits)**

### Overview of Course:

This is a qualitative research project course. Enrollment in this course requires completion of EMP 745 course and completion of or concurrent enrollment in a statistics course and research methodology course.

The student will be doing readings in comparatives systems and practices of Kundalini Energy and writing scholarly papers. As the final project the student will conduct a qualitative research project with subjects. The instructor will provide the student with an example of a self-assessment questionnaire. The student may use the provided questionnaire in part or whole or chose to design a different self-assessment questionnaire. A doctoral level research design and paper is the final objective of this course.

### Course Topics:

- Comparative readings of multi-modality approaches on Kundalini Energy
- Presentation paper writing demonstrating objective analysis of Kundalini Energy

### Learning Objectives:

- Conduct qualitative research project
- Write a publishable research report

### Audience:

Open to all students in the Doctorate program.

**REQUIRED:** 1) Completion of EMP 745 course.

2) Completion of or concurrent enrollment in a research design or research methodology course.

### COURSE DESCRIPTION

This is a research project course. Methodology and design of research projects is not a part of this course. The student must enter this course with the knowledge and ability to design and implement a qualitative research project. The required number of subjects for this research project should be a minimum of 20 and more subjects will elicit a better research response.

## FACULTY-STUDENT COMMUNICATION

- Telephone Contacts

It is important that the students arrange by email beforehand for all telephone communications. Periodic telephone interaction, as required, at student's expense, can most easily be arranged through email contact.

- Communications

It is requested that students stay in correspondence with the instructor using email. Students are always encouraged to contact the instructor by email, fax, or telephone whenever a concern may arise, to discuss problems, or determine the direction of their course work.

It should be understood that as mature students, it is the responsibility of the students to stay in contact with their instructors. Check your email frequently for messages.

Students will send communications via email and submit papers as MSWORD Format files attached to email messages.

## COURSE DELIVERY STYLE

Distance Education - Coursework is completed at a location determined by the student utilizing a computer that has the ability to play audio and video clips, with Microsoft Office Word, Excel, PowerPoint, Adobe Reader, along with a current web browser, internet connection and email address. Contact and communication with distance students is typically conducted by telephone, Internet, Skype, text chat, and email. Students are also encouraged to contact the University by facsimiles, and postal mail, and by personal visit to the University.

All lessons, coursework and papers must be copied to lessons@energymedineuniversity.org from both the student and professor.

## TEXTBOOKS

*Kundalini: Psychosis or Transcendence*

*Stalking the Wild Pendulum*

*A Brief Tour of Higher Consciousness*

*Energies of Transformation*

*A Farther Shore*

*Kundalini the Physical World*

*Light: Medicine of the Future*

*Body of Health*

*Intuition Medicine®: The Science of Energy* (Book+CD-set)

Lee Sanella

Itzhak Bentov

Itzhak Bentov

Bonnie Greenwell

Yvonne Kason

Mary Scott

Jacob Liberman

Francesca McCartney

Francesca McCartney

**Websites:**

Kundalini Research Network: <http://www.kundalininet.org/index2.html>

Conference: <http://www.conferencerecording.com/newevents/krn97.htm>

**ADDITIONAL TEXTBOOKS ASSIGNMENT**

The student is required to source and read as least three additional books on Kundalini energy that are not on the above textbooks. These texts should provide further comparative readings of multi-modality approaches on Kundalini Energy

**COURSE ASSIGNMENTS**

Students in conference with the instructor will map out research readings and a research project within the study of Kundalini Energy.

It is expected that the student will submit to the instructor a draft of the research project by Week #9 mid-term.

**COURSE COMPLETION TIMETABLE**

- Week #1—Establish communication with instructor. Begin to map out your project.
- Week #2-9 –Text readings, research, preparation of qualitative research questionnaire.
- Week #9 –Submit research project proposal.
- Week #10—Submit work to date: notes, questionnaire, list of texts read, etc.
- Week #11-16—Conduct study with subjects.
- Week #16— Submit a summary of work to date on research project.
- Week #17-19 – Writing of final paper and completion of research project.
- Week #20 – All written work and projects delivered to instructor.

**LESSONS**

Lesson 1: For one month conduct a personal experiential with McCartney IM/BOH system reading books and listening to the Kundalini CD. Keep a personal Journal. Send excerpts of journal to instructor weekly.

Lesson 2: Choose 2 books whose themes are personal accounts on Kundalini experiences. Read and write a summary paper of 10 page. All papers to be in APA style.

Lesson 3: choose 1 Kundalini systems book [not a personal account themed book] from list provided or other book with instructor approval. Read and write summary paper of 10 pages.

Lesson 4: Write a comparative paper on these three books: 1) McCartney book on Kundalini 2) the personal accounts book and 3) your chosen other Kundalini systems book. Paper is to be 10 pages or more.

Lesson 5: Create a research project using the research questionnaire provided by instructor as a template. Conduct a project with 6 people or more.

Lesson 6: With the results write a paper that includes an abstract, discussion, research protocol, research findings, and conclusions.

## Final Paper

Prepare a scholarly paper of minimum 20 double spaced pages in 12 point Arial font. Students should use the American Psychological Association Style Manual.

The paper should follow the format of professional research paper with Abstract, Introduction, Literature Review, Methods, Data Analysis, Discussion, and Conclusion.

## COURSE EVALUATION

The course grade will be based upon the quality of the research paper and project.

## COURSE GRADING DETERMINANTS

Grades are based on the following elements of a student's participation and accomplishment. In determining a grade for this course, the following formula will be used:

Reading required texts– 20%  
Research of additional texts -- 10%  
Course paper and research project – 70%

Using this technique, there will be 100 points assigned to the course. Final semester grades will be calculated as follows:

92-100 points = A range  
86-91 points = B range  
80-85 points = C range  
70-80 points = D range  
Under 70 points = F

## SPECIAL NOTES AND INSTRUCTIONS

All coursework must be completed in a timely fashion. Students are encouraged to phone or email the instructor whenever they need advice, comments, or instruction.