



**Campus:**

2400 Bridgeway Boulevard, Suite 290  
Sausalito, California 94965 USA

**Postal Mailing Address:**

PO Box 564  
Mill Valley, California 94942 USA

**Website:** [www.EnergyMedicineUniversity.org](http://www.EnergyMedicineUniversity.org)

**Phone:** 415-331-1011

**Fax:** 415-331-9293

**Instructor Contact Information:**

ENERGY MEDICINE UNIVERSITY PROFESSOR

## **EMP 806: ENERGY MEDICINE INTERNSHIP**

(3 credits)

**Learning Objective:**

The goal of the ENERGY MEDICINE INTERNSHIP is to permit the student to demonstrate professional competency in an Energy Medicine (EM) specialty. Real world experience can never be fully comprehended as a purely academic endeavor. Often professionally trained academics enter their chosen EM field after rigorous study and discover that the real-world aspect of the application of their knowledge is not suited for their professional goals or ideals. This internship gives the student the opportunity to investigate and examine the living aspects of their EM specialty in preparation for entering the career of an Energy Medicine practitioner.

**Overview:**

The range of specialties in Integrative and Holistic Health practice are arrayed across a broad spectrum of methods and disciplines. Examples of practice in which a student may choose to study with an internship include, but are not limited to Acupuncture, Acupressure, Apometrics, Aroma Therapies, Biofeedback, Color Diagnosis and Therapy, Electromagnetic Therapies, Herbology, Homeopathy, Kinesiology, Medical Intuition, Meditation & Stress Reduction, Music Therapy, Naturopathy, Psychometry, Reiki, Therapeutic Touch, Qigong, etc

Evaluation of locations and organizations in which student internships are appropriate is based on the standards of good practice that are particular to the special field. The professional societies or associations active in the field service as community arbiters of good practice and these standards are used to evaluate candidate internship sites. In addition, either active faculty with education and experience in the practice, or consulting faculty with education and experience in the practice, can serve as program and location evaluators of candidate internship sites.

Internship course faculty includes both the supervising faculty member and a field-site supervisor. The field-site supervisor will provide monthly student performance reports to the course supervising faculty member, and also provide a semester final assessment of student performance. Assessments by the on-site supervisor will provide evaluation of the student's integration and demonstration of professional competence, and accomplishment of program goals and objectives.

The student will provide to the course supervising faculty member an assessment of their own learning and performance, and also a scholarly paper investigating the tools, techniques, knowledge, and practices experienced during the specialty internship.

Course grading is determined by a final oral exam, the coursework papers, field-site supervisor and instructor assessment of integration and demonstration of professional competence during the Energy Medicine internship.

## **Communicating With Instructor**

**Telephone Contact:** Students should arrange all telephone communications with the instructor by email beforehand. An initial phone contact to clarify course objectives and develop a schedule should be made prior to beginning the course. This contact should be scheduled within the first few weeks of commencement of the semester. After this, periodic telephone communication can be arranged with instructor. All telephone calls will be at student's expense.

**Email Contact:** Reflection on and questions about the coursework papers and field placement internship should be addressed via email monthly or as needed. Students are always encouraged to contact the instructor via email whenever a problem arises.

All lessons, coursework and papers must be copied to lessons@energymedicineuniversity.org from both the student and professor.

**Internet Threaded Discussion:** There is also an on-going Internet threaded discussion among the students and faculty for the entire semester which creates a larger feedback mechanism of communication. It may be accessed anytime. The thread page is located at: [http://groups.yahoo.com/group/Energy\\_Medicine](http://groups.yahoo.com/group/Energy_Medicine)

## **Length of Internship:**

Length of Energy Medicine internship practicum or professional practice is five (5) months or one (1) semester. Internship should accrue a minimum of 150 hours.

## **Audience:**

Open to all students in the doctoral program.

## **Internship Placement:**

It is the responsibility of the student to locate a professional organization for internship. The organization and placement of student must be approved by the faculty professor assigned to monitor the internship. Student must be under the guidance of an approved sponsor or mentor at the field internship site. A written provision of your internship signed by your on-site supervisor or mentor must be provided to your instructor before approval to commence the internship is granted.

## **Internship Insurance**

The majority of programs at the University are conducted by 100% distance learning and do not require field or internship studies. However, this course in field studies was deemed essential to retain program completeness and integrity. Enrollment in this course is dependent upon the student obtaining prior comprehensive insurance coverage, which protects the student, the University, and any outside institution from liability claims.

## **Procedure**

1. The student will submit an application to an appropriate insurance company in his or her region, requesting comprehensive insurance coverage for proposed field internship activities. This coverage must protect the student, the University, and any host institution in which internship studies are to be conducted.
2. Insurance is to be at the student's expense.
3. Documentation must be approved and signed by the student's Internship professor, and then a copy forwarded to the University office for approval with a copy added to the student file.

### **Coursework Papers and Instructor Examination:**

1. Write a narrative paper describing how you communicate, define, and explain to both colleagues and lay-people/clients the practice of your Energy Medicine profession. Write the paper with an emphasis on: 1) describing your EM specialty and 2) explaining your EM specialty in reference to at least three other EM specialties. Include an annotated bibliography of books relevant to your EM specialty.

2. Using language from EM specialties and from Western/Allopathic Medicine create a list of analogous terminology. Provide definitions for each term on the list.

3. Determine which journals, periodicals, magazines, and so forth maintain and support your current understanding and continuing education in your EM specialty. Prepare a 10-page scholarly paper which describes the mission of each journal, periodical and magazine. Within the paper include a synopsis of articles or papers, or an excerpt from each which covers the relevance of the noted article or paper to your EM Specialty as well as to the overall field of EM.

4. Determine which conferences and organizations support your current understanding and continuing education in your EM specialty. Attend at least one conference or join at least one organization and prepare a 10-page descriptive paper which reports on the conference and/or the organization outlining how your continuing education in EM is supported by the organization or by attendance at the conference.

5. This is to be prepared at the end of your five month internship as the final paper: Write a 10-page self assessment of your EM Internship. Deliver this assessment paper to your field site supervisor or mentor and request that the supervisor or mentor make comments and email or postal mail the paper with his or her comments to your EMU internship faculty professor.

6. This is to be requested at the end of your five month internship: Ask your on-site supervisor or mentor to write an assessment of your internship. The assessment should include your overall performance and suggested directions for strengthening your professional performance in the EM profession. The assessment should also note your total internship hours. Ask your supervisor or mentor to directly postal mail or email the

assessment to your monitoring professor. See the evaluation letter to be handed to your internship supervisor within this syllabus. Print it and hand to your supervisor.

**7. Final oral examination with instructor:**

Please prepare a short comprehensive overview of your personal field study objectives and whether you estimate that you have accomplished those objectives. This oral communication will also include a few key questions that the instructor will ask you to respond to in regards to your internship practice.

**8. Final Course Paper:**

Using a current APA style manual write a 20 page scholarly paper describing your intuitive processes, impressions and personal critique of what you have learned and experienced. In the paper emphasize which tools, techniques, knowledge, practices, and so forth have been most efficacious in application of your Energy Medicine specialty during this Internship.

**Time Line for Coursework Papers:**

The length of this 3 credit course is five months in order to allow the student time to accrue 150 on-site internship hours. The papers should be completed in a timely manner according to your instructor's direction. A suggested timetable is to complete and submit to your instructor one of the five papers every month. This will give you ample time to both absorb your professional internship experience and as well, to develop the language of a professional Energy Medicine practitioner which can be communicated verbally and also delivered in written form to both colleagues and patients.

**Research Texts:**

It is recommended that the student research texts which are appropriate to their Energy Medicine specialty. A comprehensive, but not exhaustive, list is included at the end of this syllabus.

**Grading:**

Course grades are based on the following elements of a student's participation and accomplishment. Course grading determined by final oral exam, the coursework papers, field-site supervisor and instructor assessment of integration and demonstration of professional competency during the Energy Medicine internship. An evaluation letter for you to hand to your field-site supervisor is included within this syllabus.

In determining grades the following formula will be used:

Reading texts – 20%

Email and Internet Discussions – 15%

Course Papers or Project – 30%

Final Oral Examination with Instructor – 20%

Field Site Supervisor and Self-Assessment Papers – 20%

Using this technique, there will be 100 points assigned to the course. Final semester grades will be calculated as follows:

92-100 points = A range

86-91 points = B range

80-85 points = C range

70-80 points = D range

Under 70 points = F

0 points Incomplete = I

**Credits:**

This course awards 3 semester credits.

---



P.O. Box 564  
Mill Valley, California 94942 USA

TO: EMU Intern Field-Site Mentor

RE: Your field-site supervision/mentorship evaluation of the integration and demonstration of the professional competency of the EMU intern within your program.

Dear Mentor:

Thank you for accepting our student into your internship program. The quality of our program is highly dependant on the performance of our student in a real-life an Energy Medicine modality. For this reason we would appreciate your thoughtful evaluation of this student. We would be grateful for a prompt response. Please respond via email if possible or postal mail a letter which addresses, but is not limited to, the following topics:

1. Integration and demonstration of the professional competency of the intern within your program.
2. How long and in what capacity have you known the student intern?
3. Did the intern meet the goals and objectives within your program?
4. Please provide your full name, title, affiliation, contact information: contact number, postal and email address.

## ENERGY MEDICINE Specialties Book list from EMU library

## **Acupuncture, Acupressure & Chinese Medicine**

- Beinfeld, H., & Korngold, E. (1992). *Between heaven and earth: A guide to Chinese medicine*. New York: Ballantine Books.
- Hammer, L. (1991). *Dragon rises, red bird flies: Psychology, energy and Chinese Medicine*. Kingston, NY: Barrytown/Station Hill Press.
- Jarett, L. S. (1999). *Nourishing destiny: The inner tradition of Chinese medicine*. Highland, IN: Spirit Path Press.
- Matsumoto, K., & Birch, S. (1983). *Five elements, ten stems: Nan Ching theory, diagnostics and practice*. Brookline, MA: Paradigm Publishers.
- Teeguarden, I. M. (1978). *Acupressure way of health: Jin shin do*. Tokyo: Japan Publications.
- Teeguarden, R. (1984). *Chinese Tonic Herbs*. Tokyo: Japan Publications.
- Tierra, M. (1998). *The Way of Chinese Herbs*. New York: Pocket Books/Simon & Schuster.

## **Angels and Archangels**

- Quinn, G. (2001). *May the angels be with you: A psychic helps you find your spirit guides and your true purpose*. New York: Harmony Books.
- Schneider, P., & Gerhard, P. (2000). *Archangels and earthangels*. Twin Lakes, WI: Lotus Press.

## **Altered States**

- Gagan, J. M. (1998). *Journeying: Where Shamanism and psychology meet*. Santa Fe, NM: Rio Chama Publications.
- Hughes, J. (1999). *Altered States: Creativity under the influence*. New York: Watson-Guptill Publishing.
- Weil, A., & Rosen, W. (1998). *From Chocolate to Morphine: Everything you need to know about mind-altering drugs*. Boston: Houghton Mifflin Co.

## **Anatomy**



Kapit, W., & Elson, L. M. (1977). *The anatomy coloring book*. New York: A Canfield Press.

Schlossberg, L., & Zuidema, G. D. (1977). *The Johns Hopkins atlas of human functional anatomy*. Baltimore: The Johns Hopkins University Press.

### · **Apometrics**

Zacharias, R. K. (2002). *Jesus among other Gods: The absolute claims of the Christian message*. W. Publishing Group.

### · **Aroma Therapies**

Bach, E. (1973). *The medical discoveries of Edward Bach physician*. London: The C. W. Daniel Company.

Bach, E. (1974). *Heal Thyself: An explanation of the real cause and cure of disease*. London: The C. W. Daniel Company.

Worwood, V. A. (1991). *The complete book of essential oils and aromatherapy*. San Rafael, CA: New World Library.

### · **Astrology**

Greene, L. (1985). *Astrology of fate: A Jungian astrologer with an intuitive and insightful commentary on each signs fate*. Boston: Samuel Weiser.

Greene, L. (1980). *Relating: An astrological guide to living with others on a small planet*. Boston: Samuel Weiser.

Hone, M. E. (1951). *The modern textbook of Astrology*. Essex, England: L. N. Fowler & Co.

Spiller, L. (1997). *Astrology for the soul*. New York: Bantam.

### · **Aura**

Brennan, B. A. (1987). *Hands of light: A guide to healing through the human energy field*. New York: Bantam.

Brennan, B. A. (1993). *Light emerging: The journey of personal healing*. New York: Bantam.

Butler, W. E. (1978). *How to read the Aura: and practice psychometry, telepathy, and clairvoyance*. Rochester, VT: Destiny Books.

Regush, N. M. (Ed.). (1974). *The human aura*. New York: Berkeley Publishing.

- **Biofeedback**

Green, E., & Green, A. (1977). *Beyond Biofeedback*. New York: Delacorte.

Wise, A. (2002). *Awakening the mind: A guide to mastering the power of your brain waves*. New York: J. P. Tarcher/Putnam.

- **Body/Mind/Spirit**

Dychtwald, K. (1977). *Bodymind*. New York: J. P. Tarcher/Putnam.

Gerber, R. (2000). *A practical guide to vibrational medicine: Energy healing and spiritual transformation*. New York: Harper Collins.

Hay, L. L. (1982). *Heal your body: The mental causes for physical illness and the metaphysical way to overcome them*. Carlsbad, CA: Hay House.

Rosenberg, J. L. (with Rand, M. L. & Asay, D.). (1987). *Body, self, and soul: Sustaining integration*. Atlanta, GA: Humanics Limited.

Sternberg, E. M. (2001). *The balance within: The science connecting health and emotions*. New York: W. H. Freeman.

Strassman, R. (2001). *DMT: The spirit molecule: A doctor's revolutionary research into the biology of near-death and mystical experiences*. Rochester, VT: Park Street Press.

- **Bodywork**

Bahr, R. (1984). *Good hands: Massage techniques*. New York: Signet.

Cantu, R. I., & Alan, J. (1992). *Myofascial manipulation: Theory and clinical application*. Gaithersburg, MD: Aspen Publications.

Lawrence, A., & Lawrence, L. (1994). *Huna: Ancient miracle healing practices and the future of medicine*. New York: Hanover House.

Miller, R. D. (1975). *Psychic Massage*. New York: Harper & Row.

Namikoshi, T. (1969). *Shiatsu: Health and vitality at your fingertips*. Tokyo: Japan Publications.

Stillerman, E. (1996). *The encyclopedia of bodywork: From acupressure to zone therapy*. New York: Facts on File.

Tappan, F. M. (1988). *Healing massage techniques: Holistic, classics and emerging methods*. Norwalk, CT: Appleton & Lange.

Upledger, J. E., & Vrederoogd, J. D. (1983). *Craniosacral therapy*. Seattle, WA: Eastland Press.

Willis, P. (1995). *The Reflexology manual*. Rochester, VT: Healing Arts Press.

## · **Brain Mapping**

Atkinson, W. W. (1913). *Mind-power: The secret of mental magic*. Advanced Thought Publisher.

Franklin, J. (1987). *Molecules of the mind: The brave new science of molecular psychology*. New York: Bantam Doubleday Dell.

Grigsby, J., & Stevens, D. (2000). *Neurodynamics of personality*. New York: Guilford Press.

Hunt, V. V. (2000). *Infinite mind: Science of human vibrations of consciousness*. Malibu Publications.

Hutchinson, M. (1986). *Mega brain: New tools and techniques for brain growth and mind expansion*. New York: Ballantine Books.

Perlmutter, D. (2000). *Brain recovery.com: Powerful therapy for challenging brain disorders*. Author.

## · **Chakras**

Bruyere, R. L. (1994). *Wheels of light: Chakras, auras, and the healing energy of the body*. New York: Fireside.

Campbell, J. (1972). *Myths to live by: How we re-create ancient legends in our daily lives to release human potential*. New York: Penguin Books.

Dale, C. (1996). *New Chakra Healing: The Revolutionary 32-Center Energy System*. St. Paul, MN: Llewellyn Publishing.

Judith, A. (1987). *Wheels of life: A user's guide to the Chakra system*. St. Paul, MN: Llewellyn Publications.

Mercier, P. (2000). *Chakras: Balance your body's energy for health and harmony*. New York: Godsfield Press.

Myss, C. (1996). *Anatomy of the spirit: The seven stages of power and healing*. New York: Harmony Books.

Myss, C. (2001). *Sacred contracts: Awakening your divine potential*. New York: Harmony Books.

Leadbeater, C. W. (1994). *The Chakras*. Wheaton, IL: Theosophical Publishing House.

Tansley, D. V. (1994). *Chakras: Rays and radionics*. London: C. W. Daniel/Beekman.

Wauters, A. (1997). *Chakras and their archetypes: Uniting energy awareness and spiritual growth*. Freedom, CA: The Crossing Press.

### **Channeled Information**

Clow, B. H. (1995). *The Pleiadian Agenda: A new cosmology for the age of light*. Rochester, NY: Bear & Company.

Foundation for Inner Peace. (1975). *A Course in Miracles®: Text, workbook for students, and manual for teachers*. Mill Valley, CA: Author.

Kilmo, J. (1998). *Channeling: Investigations on receiving information from paranormal sources*. Berkeley, CA: North Atlantic Books.

Marciniak, B. (with Marciniak, K. & Thomas, T.). (1948). *Earth: Pleiadian keys to the living library*. Santa Fe, NM: Bear & Company.

Marciniak, B. (1948). *Bringers of the dawn: Teaching from the Pleiadians*. Santa Fe, NM: Bear & Company.

Marciniak, B. (1948). *Family of light*. Santa Fe, NM: Bear & Company.

Ramer, A. (1997). *Revelations for a new millennium: Sainly & celestial prophecies of joy and renewal*. San Francisco: Harper San Francisco.

### **Chiropractic**

Copland-Griffins, M. (1991). *Dynamic Chiropractic today: The complete and authoritative guide to the major therapy*. Wellingborough, England: Thorsons Publishers Limited.

Koch, W. H. (1995). *Chiropractic: The superior alternative*. Calgary AB, Canada: Bayeux Arts.

Rondberg, T. A. (1996). *Chiropractic First: The fastest growing healthcare choice...before drugs and surgery*. Chandler, AZ: The Chiropractic Journal.

### **Color Diagnosis and Therapy**

Amber, R. B. (1964). *Color therapy*. New York: Samuel Weiser.

Birren, F. (1978). *Color in your world*. New York: Collier Books.

Ouseley, S. G. J. (1975). *The power of rays: The science of colour-healing*. London: L. N. Fowler.

## · **Consciousness**

Bentov, I. (1988). *Stalking the wild pendulum: On the mechanics of consciousness*. Rochester, VT: Destiny Books.

Bentov, I. (2000). *A brief tour of higher consciousness: A cosmic book on the mechanics of creation*. Rochester, VT: Destiny Books.

Bucke, R. M. (1956). *Cosmic consciousness: A study in the evolution of the human mind*. New York: E P Dutton.

Grof, S. (with Bennett, H. Z.). (1990). *The Holotropic mind: The three levels of human consciousness and how they shape our lives*. New York: Harper Collins.

Hunt, V. V. (1989). *Infinite mind: Science of the human vibrations of consciousness*. Malibu, CA: Malibu Publishing Co.

Merrell-Wolf, F. (1944). *Pathways through to space: A personal record of transformation in consciousness*. RR Smith.

Ornstein, R. E. (1972). *The psychology of consciousness*. New York: W. H. Freeman.

Rost, E. R. (1930). *The nature of consciousness*. New York: Williams and Norgate.

## · **Cosmology ~ Structure of the Universe, Neuroscience, Biofeedback**

Benyus, J. M. (1997). *Biomimicry: Innovation inspired by nature*. New York: William Morrow.

Brown, G. (1999). *The energy of life: The science of what makes our minds and bodies work*. New York: Simon & Schuster.

Newberg, A., D'Aquili, E., & Rause, V. (2001). *Why God won't go away: Brain science and the biology of belief*. New York: Ballantine Books.

Pinker, S. (1997). *How the mind works*. New York: W. W. Norton & Company.

## · **Creativity**

Cameron, J. (1992). *The artist's way: A spiritual path to higher creativity*. New York: Jeremy P. Tarcher/Putnam.

Francesco, A. (Ed.). (1972). *Chinese art*. New York: Octopus Books.

## · **Death and Dying**

Caine, L. (1988). *Being a widow*. New York: Penguin.

Kubler-Ross, E. (1969). *On death & dying: What the dying have to teach doctors, nurses, clergy and their families*. New York: Simon & Schuster.

Kubler-Ross, E. (1991). *Life after death*. Berkeley, CA: Celestial Arts.

Lewis, C. S. (1961). *A grief observed*. San Francisco: Harper San Francisco.

Praagh, J. V. (1999). *Reaching to heaven: A spiritual journey through life and death*. New York: Dutton/Penguin/Putnam.

Ring, K. (1980). *Life at death*. New York: Quill Publishing.

Rinpoche, S. (1993). *The Tibetan Book of Living and Dying*. New York: Harper San Francisco.

## · Divination Tools

Arrien, A. (1987). *The Tarot handbook*. Sonoma, CA: Arcus Publishing.

Loughans, S. (1995). *The healing Runes: Tools for the recovering of body, mind, heart and soul*. New York: St. Martin's Press.

## · **Dreams**

Bethards, B. (1995). *The dream book*. Boston, MA: Element Books.

Colton, A. R. (1973). *Watch your dreams*. Glendale, CA: ARC Publishing.

Delaney, G. (1991). *Breakthrough dreaming*. New York: Bantam.

Sams, S. (1999). *Dancing the dream: The seven sacred paths of human transformation*. New York: Harper Collins.

## · **Eastern Philosophy**

Barks, C. (Trans.). (with Moyne, J.). (1995). *The essential Rumi*. New York: Harper Collins.

- Batchelor, S. (Ed.). (1987). *The jewel in the lotus: A guide to the Buddhist traditions of Tibet*. London: Wisdom Publications.
- Batchelor, S. (1994). *The awakening of the west: The encounter of Buddhism and western culture*. Berkeley, CA: Parallax Press.
- Bays, G. (Trans.). (1983). *The voice of the Buddha: The beauty of compassion* (Vols. 1 & 2). Berkeley, CA: Dharma Publishing.
- Besant, A. (1908). *Hints on the study of the Bhagavad-Gita*. Wheaton, IL: Theosophical Publishing Society.
- Boorstein, S. (1996). *Don't just do something, sit there: A mindfulness retreat with Sylvia Boorstein*. San Francisco: Harper San Francisco.
- Budge, E. A. W. (Trans.). (1960). *The book of the dead*. University Press.
- Burton, W. (Trans.). (1993). *The lotus sutra*. New York: Columbia University Press.
- Carus, P. (1973). *The gospel of Buddha*. LaSalle, IL: The Open Court Publishing.
- Clark, B. (Trans.). (1995). *The quintessence tantras of Tibetan medicine*. Ithaca, NY: Snow Lion Publications.
- Das, L. S. (2000). *Awakening the sacred*. New York: Broadway Books/Random House.
- Dening, S. (1997). *The everyday I Ching*. New York: St. Martin's Griffin.
- Evans-Wentz, W. Y. (Ed.). (1927). *The Tibetan book of the dead*. New York: Oxford University Press.
- Ghose, A. (1936). *Bases of Yoga*. Twin Lakes, WI: Lotus Press.
- Gyatso, T. (H. H. the Dalai Lama). (1988). *The union of bliss and emptiness: A commentary on the Lama Choepa guru yoga practice* (T. Jinpa, Trans.). Ithaca, NY: Snow Lion.
- Gyatso, T. (H. H. the Dalai Lama). (1990). *Freedom in exile: the autobiography of the Dalai Lama*. New York: Harper Collins.
- Gyatso, T. (H. H. the Dalai Lama). (1990). *A policy of kindness*. Ithaca, NY: Snow Lion.
- Gyatso, T. (H. H. the Dalai Lama). (1991). *Ocean of wisdom: Guidelines for living*. Clearlight Publishing.
- Gyatso, T. (H. H. the Dalai Lama). (1994). *A flash of light in the dark night*. Boston: Shambhala.

- Gyatso, T. (H. H. the Dalai Lama). (1998). *The art of happiness*. New York: Riverhead Books.
- Gyatso, T. (H. H. the Dalai Lama). (1998). *The art of living*. New York: Riverhead Books.
- Gyatso, T. (H. H. the Dalai Lama). (1999). *Ethics for a new millennium*. New York: Riverhead Books.
- Gyatso, T. (H. H. the Dalai Lama). (2001). *How to practice: The way to a meaningful life* (J. Hopkins, Trans.). New York: Pocket Books/Simon & Schuster.
- Gyeltsen, G. T. (2000). *Mirror of wisdom: Teachings of emptiness*. Lama Yeshe Wisdom Archive.
- Hanh, T. N. (1987). *Being peace*. Berkeley, CA: Parallax Press.
- Hanh, T. N. (1995). *Living Buddha, living Christ*. New York: Riverhead Books/Putnam.
- Hart, W. (1990). *The art of living: Vipassana meditation*. Singapore: Vipassana Publications.
- Kongtrul, J. (1987). *The great path of awakening: An easily accessible introduction for ordinary people: A commentary on the Mahayana teaching of the seven points of mind training* (K. McLeod, Trans.). Boston: Shambhala.
- Loden, G. A. T. (1996). *The fundamental potential for enlightenment in Tibetan Buddhism*. Melbourne, Australia: Tushita Publications.
- Lodro, G. G. (1992). *Walking through walls: A presentation of Tibetan meditation* (J. Hopkins, Ed. & Trans.). Ithaca, NY: Snow Lion Publications.
- Müller, F. M. (Ed.). (1962). *The Upanishads: The sacred book of the east* (Vols. 1 & 2). New York: Dover Publications. (Original work published 1879 & 1884)
- Prabhavananda, S., & Mentor, F. M. (Trans.). (2002). *The Upanishads: Breath of the internal*. New York: Signet Classics.
- Rampa, L. (1990). *You forever*. Boston: Samuel Weiser.
- Redfield, J. (1999). *The secret of Shambhala: In search of the eleventh insight*. New York: Warner Books.
- Rinchen, G. S. (1997). *The thirty-seven practices of Bodhisattvas* (R. Sonam, Trans.). Ithaca, NY: Snow Lion Publications.
- Rinpoche, B. (1993). *Death and the art of dying in Tibetan Buddhism*. San Francisco: Clear Point Press.



- Rinpoche, K. K. (1986). *The Dharma: That illuminates all beings like the light of the sun and the moon* (J. Gyastso, Trans.), (The Kagyu Thubten Choling Translation Committee, Eds.). Albany, NY: State University of New York Press.
- Rinpoche, K. K. (1997). *Luminous mind: The way of the Buddha* (M. Montenegro, Trans.). Boston: Wisdom Publications.
- Sapolsky, R. M. (1994). *Why zebras don't get ulcers*. New York: W. H. Freeman.
- Selandia, E. (Ed.). (1994). *Gently whispered: Oral teachings by the very venerable Kalu Rinpoche*. New York: Stanton Hill Press.
- Shah, I. (1971). *Thinkers of the East*. New York: Penguin.
- Sivnanada, S. S. (1969). *The Bhagavad-Gita*. Divine Life Society.
- Sparham, G. (Trans.). (1983). *The Tibetan Dhammapada: Sayings of the Buddha* (B. L. Simon, Ed.). London: Wisdom Publications.
- Spalding, B. T. (1944). *Life and teaching of the masters of the far east* (Vols. 1-5). Los Angeles, CA: Devorss & Company.
- Thurman, R. A. F. (Trans.). (1984). *The central philosophy of Tibet: A study and translation of Jey Tsong Khapa's : Essence of true eloquence*. Princeton, NJ: Princeton University Press.
- Trungpa, C. (1984). *Shambhala: The sacred path of the warrior*. New York: Bantam Books.
- Watts, A. W. (1958). *This is it: And other essays on Zen and spiritual experience*. New York: Vintage Books.
- Wei, H. (1982). *The guiding light of Lao Tzu: A new translation and commentary on the Tao Teh Ching*. Wheaton, IL: The Theosophical Publishing House.
- Wilhelm, R., & Baynes, V. F. (Trans.). (1967). *The I Ching or book of change*. Princeton, NJ: Princeton University Press.
- Yeshe, L. (1995). *The Tantric path of purification*. Wisdom Publications.

## **Electromagnetic Energies**

- Becker, R. O., & Selden, G. (1985). *The body electric: Electromagnetism and the foundation of life*. New York: William Morrow.
- Payne, B. (n.d.). *How to use body magnets*. Sonoma, CA: Dowling Magnets.

## **Emotional Body**

- Barrick, M. C. (2002). *Emotions: Transforming anger, fear, and pain: Creating heart-centeredness in a turbulent world*. Corwin Springs, MT: Summit University Press.
- Bennett-Goleman, T. (2001). *Emotional alchemy: How the mind can heal the heart*. New York: Harmony Books.
- De Rohan, C. (1984). *Right use of will: Healing and evolving the emotional body*. La Grange, GA: Four Winds Publications.
- Goleman, D. (1995). *Emotional Intelligence: Why it can matter more than IQ*. New York: Bantam.
- Pert, C. B. (1997). *Molecules of Emotion: Why you feel the way you feel*. New York: Scribner.
- Sternberg, E. M. (2001). *The balance within: The science connecting health and emotions*. New York: W.H. Freeman.

## **Fiction, Fables**

- Andrews, L. V. (1981). *Medicine woman*. San Francisco: Harper & Row.
- Coelho, P. (1993). *The Alchemist: A fable about following your dream* (A. R. Clarke, Trans.). New York: Harper Collins.
- Donner-Grau, F. (1985). *The Witch's dream: A healer's way of knowledge*. New York: Penguin Books.
- Giono, J. (1985). *The man who planted trees*. White River Junction, VT: Chelsea Green Publishing.
- Mitchell, S. (1998). *Meetings with the archangel: A comedy of the spirit*. New York: Harper Collins.
- Morgan, M. (1994). *Mutant message down under*. New York: Harper Collins.
- Rowling, J. K. (1997). *Harry Potter and the Sorcerer's Stone*. New York: Scholastic.
- Rowling, J. K. (1999). *Harry Potter and the Chamber of Secrets*. New York: Scholastic.
- Rowling, J. K. (1999). *Harry Potter and the Prison of Azkaban*. New York: Scholastic.
- Rowling, J. K. (2000). *Harry Potter and the Goblet of Fire*. New York: Scholastic.

## **Genetics**

Reading, C. (with Meillon, R.). (2002). *Trace your genes to health*. Ridgefield, CT: Vital Health Publishing.

Ridley, M. (1999). *Genome: The autobiography of a species in twenty-three chapters*. New York: Harper Collins Publishers.

## **Global Systems**

Diamond, J. (1999). *Guns, Germs, and Steel: The fates of human societies*. New York: W. W. Norton.

Friedman, T. L. (1999). *The Lexus and the Olive tree*. New York: Random House.

Hawken, P., Lovins, A., & Lovins, L. H. (1999). *Natural Capitalism: Creating the next industrial revolution*. New York: Little, Brown and Company.

Roszak, T., Gomes, M. E., & Kanner, A. D. (Eds.). (1995). *Ecopsychology: Restoring the earth healing the mind*. San Francisco, CA: Sierra Club Books.

## **Health and Wellness**

Ballentine, R. (2000). *Radical healing: Integrating the world's great therapeutic traditions to create a new transformation*. New York: Crown Publishing Group.

Benor, D. (2000). *Spiritual healing: Scientific validation of a healing revolution*. Boise, ID: Vision Publications.

Brownstein, A. (2000). *Healing back pain naturally: The mind-body program proven to work*. Gig Harbor, WA: Harbor Press.

Burton Goldberg Group (1993). *Energy medicine: Alternative medicine*. Puyallup, WA: Future Medicine Publishing.

Chopra, D. (1993). *Ageless body, timeless mind*. New York: Harmony Books.

Cousens, G. (1995). *Conscious Eating*. Berkeley, CA: North Atlantic Books.

Dean, W. H. (1997). *The immune system*. Garland, TX: Pathways Press.

Diamond, J. W., & Roundtree, R. C. (1997). *An alternative medicine definitive guide to cancer*. AlternativeMedicine.com.

Dossey, L. (1999). *Reinventing medicine: Beyond mind-body to a new era of healing*. New York: Harper San Francisco.

- Douillard, J. (1995). *Body, mind & spirit: The mind-body guide to lifelong fitness & your personal best*. New York: Crown Publishing Group.
- Eden, D., & Feinstein, D. (1998). *Energy medicine*. New York: Jeremy P. Tarcher/Putnam.
- Feldenkrais, M. (1972). *Awareness through movement: Easy-to-do health exercises to improve your posture, vision, imagination, and personal awareness*. New York: Harper Collins.
- Friedmann, T. S. (1998). *Freedom from health*. Harvest Publishing.
- Galland, L. (1998). *Power healing: Use the new integrated medicine to cure yourself*. New York: Random House.
- Golan, R. (1995). *Optimal Wellness: Where mainstream and alternative medicines meet*. New York: Ballantine.
- Goldner, D. (1999). *Infinite grace: where the worlds of science and spiritual healing meet*. Charlottesville, VA: Hampton Roads Publishing Company.
- Greenman, P. E. (1996). *Principles of manual medicine*. Hagerstown, MD: Lippincott-Williams & Wilkins.
- Haas, E. M. (1990). *Staying healthy with nutrition*. Berkeley, CA: Celestial Arts.
- Hadady, L. (1997). *Asian health secrets*. New York: Crown.
- Hay, L. L. (1982). *Heal your body*. Carlsbad, CA: Hay House.
- Hay, L. L. (1988). *Heal your body: The mental causes for physical illness and the metaphysical way to overcome them*. Carlsbad, CA: Hay House, Inc.
- Hay, L. L. (1990). *Self-affirming: Loving affirmations for achieving and maintaining optimum health*. Carlsbad: Hay House.
- Ivker, R. S., Anderson, R. A., & Trivieri, L. (2000). *The self-care guide to holistic medicine: creating optimal health*. New York: Putnam.
- Ivker, R. S., Anderson, R. A., & Trivieri, L. (2000). *Sinus survival: The holistic medical treatment for allergies, colds, & sinusitis*. New York: Putnam.
- Lad, V. D. (1998). *The complete book of Ayurvedic home remedies*. New York: Crown.
- Laskow, L. (1998). *Healing with love: A breakthrough mind body medical program for healing yourself & others*. Wholeness Press.
- Lawlis, G. F. (with Dossey, L.). (1996). *Transpersonal medicine: The new approach to healing body-mind-spirit*. Boston: Shambhala.

- Liberman, J. (1991). *Light: Medicine of the future*. Santa Fe, NM: Bear & Company.
- Millman, D. (1999). *Body mind mastery: Creating success in sport and life*. Novato, CA: New World Library.
- Murray, M. (1990). *Encyclopedia of natural medicine*. Roseville, CA: Prima.
- Murray, M. (1996). *The encyclopedia of nutritional supplements: Essential guide for improving health*. Roseville, CA: Prima.
- Muscat, M. (1999, January 31). *Energy medicine documentation forms now available*. *Alternative therapies in health and medicine*, 5 (1), 29.
- Northrup, C. (1994). *Women's bodies, women's wisdom: Creating physical & emotional health & healing*. New York: Bantam.
- Novoy, D. W. (1999). *Clinician's complete reference to complementary medicine*. St. Louis, MO: Mosby.
- Ornish, D. (1992). *Dr. Dean Ornish's program for reversing heart disease without drugs or surgery*. New York: Ballantine.
- Ornstein, R., & Sobel, D. (1987). *The healing brain: Breakthrough discoveries about how the brain keeps us healthy*. New York: Simon & Schuster.
- Page, L. R. (1990). *Healthy healing: An alternative healing reference*. Sacramento, CA: Spilman Printing.
- Roundtree, R. C., & Zand, J. (1994). *Smart medicine for a healthier child: A practical A-to-Z reference to natural & conventional treatments for infants & children*. New York: Putnam Penguin.
- Roundtree, R. C. (2000). *Immunotics: A revolutionary way to fight infection, beat chronic disease & stay well*. New York: Putnam.
- Rossmann, M. L. (1989). *Healing yourself*. New York: Pocket Books/Simon & Schuster.
- Rubik, B. (1995, March 31). *Energy medicine and the unifying concept of transformation*. *Alternative Therapies in Health and Medicine*, 1 (1), 34-39.
- Schlossberg, L., & Zuidema, G. (1997). *The Johns Hopkins atlas of human functional anatomy*. Baltimore, MD: The Johns Hopkins University Press.
- Schul, B. (1977). *The psychic frontiers of medicine*. Greenwich, CT: Fawcett Publications.
- Shealy, C. N. (1993). *The self-healing workbook: Your personal plan for stress free living*. Rockport, MA: Element Books.

- Shealy, C. N., & Myss, C. M. (1988). *The creation of health: the emotional, psychological, and spiritual responses that promote health and healing*. Walpole, NH: Stillpoint.
- Shealy, C. N. (1995). *Miracles do happen: A physician's experiences with alternative medicine*. Rockport, MA: Element Books.
- Shealy, C. N. (1999). *90 days to stress free living*. Rockport, MA: Element Books.
- Shealy, C. N. (1999). *Illustrated encyclopedia of healing remedies*. Rockport, MA: Element Books.
- Siegel, B. S. (1986). *Love, medicine and miracles: Lessons learned about self-healing from a surgeon's experience with exceptional patients*. New York: Harper & Row.
- Teitelbaum, J. (1999). *From fatigued to fantastic*. New York: Penguin Putnam.
- Weil, A. (1990). *Natural health, natural medicine*. Boston: Houghton Mifflin.
- Weil, A. (1995). *Spontaneous healing*. New York: A. A. Knopf.
- Westlake, A. T. (1961). *The Pattern of health: A search for a greater understanding of the life force in health and disorder*. Berkeley, CA: Shambhala.
- Young, J. (2001). *The healing path: The practical guide to the holistic traditions of China, India, Tibet, and Japan*. London: Thorsons Directions for Life.

## · **Herbology**

- Castro, M. (1990). *The complete homeopathy handbook: A guide to everyday health care*. New York: St. Martin's Press.
- Linkner, E. J. (and Britton, J.). (1998). *The complete book of home herbal remedies: A holistic guide to understanding & treating common ailments with herbs*. Westport, CT: Firefly Books.

## · **Homeopathy**

- Ullman, D. (1988). *Discovering homeopathy: Medicine for the 21<sup>st</sup> century*. Berkeley, CA: North Atlantic Books.
- Weiner, M., & Goss, K. (1989). *The complete book of homeopathy*. Garden City, NY: Avery Publishing Group.

## · **Hydrotherapy**

Barber, B. (1978). *Sensual water: A celebration of bathing*. Chicago: Contemporary Books.

Buchman, D. D. (1979). *The complete book of water therapy: 500 ways to use our oldest and safest medicine*. New York: E.P. Dutton.

## · **Intuition**

Bloom, W. (1996). *Psychic protection: Creating positive energies for people and places*. New York: Fireside.

Choquette, S. (1994). *The Psychic pathway: A workbook for reawakening the voice of your soul*. New York: Three Rivers Press.

Day, L. (1997). *Practical intuition*. New York: Broadway Books.

Franquemont, S. (1999). *You already know what to do: Ten invitations to the intuitive life*. New York: Tarcher/Putnam.

Gawain, S. (2000). *Developing intuition: Practical guidance for daily life*. Novato, CA: New World Library.

Kassy, K. G. (2000). *Health intuition: A simple guide to greater well-being*. Center City, MN: Hazelden.

Naparstek, B. (1997). *Your sixth sense: Activating your psychic potential*. New York: Harper San Francisco.

Ostrander, S., & Schroeder, L. (1970). *Psychic discoveries*. Upper Saddle River, NJ: Prentice-Hall.

Schulz, M. L. (1998). *Awakening intuition: Using your mind-body network for insight and healing*. New York: Harmony Books.

Vaughn, F. E. (1979). *Awakening intuition*. Garden City, NY: Anchor Books.

Wood, E. (1927). *Intuition of the will*. Wheaton, IL: Theosophical Press.

## · **Iridology**

Jensen, B. (1974). *The science and practice of iridology*. Escondido, CA: Author.

## · **Kinesiology**

Frost, R. (2002). *Applied kinesiology: A training manual and reference book of basic principles practices*. Berkeley, CA: North Atlantic Books.

## **Kundalini**

Krishna, G. (1967). *Kundalini: The evolutionary energy*. Boston: Shambhala.

Sannella, L. (1987). *The Kundalini: Experience psychosis of transcendence?* San Francisco, CA: Integral.

Scott, M. (1993). *Kundalini in the physical world*. London, UK: Routledge & Kegan Paul.

Selby, J. (1992). *Kundalini Awakening*. New York: Bantam.

Silburn, L. (1988). *Kundalini: Energy of the depths*. New York: State University of New York Press.

White, J. (Ed.). (1979). *Kundalini, evolution and enlightenment*. Garden City, NY: Anchor Press/Doubleday.

## **Mathematical Models & Systems**

Barbour, J. B. (2001). *The end of time: the next revolution in physics*. New York: Oxford University Press.

Capra, F. (1975). *The Tao of physics*. Boulder, CO: Shambhala.

Holland, J. H. (1997). *Emergence: From chaos to order*. Reading, MA: Helix Books/Addison-Wesley.

Lawlor, R. (1982). *Sacred Geometry: Philosophy and practice*. New York: Thames and Hudson.

## **Medical Intuition**

Eden, D. (with Feinstein, D.). (1998). *Energy medicine*. New York: Jeremy P. Tarcher/Putnam.

McCartney, F. (2001). *Intuition medicine®: The science of energy*. Mill Valley, CA: Intuition Library.

## **Meditation & Stress Reduction**

Kabat-Zinn, J. (1994). *Wherever you go, there you are: Mindfulness meditation in everyday life*. New York: Hyperion.



Naranjo, C., & Ornstein, R. E. (1971). *On the psychology of meditation*. New York: Viking Press.

Uhlein, G. (1983). *Meditations with Hildegard of Bingen*. Santa Fe, NM: Bear & Co.

Wood, E. (1970). *Concentration: An approach to meditation*. Wheaton, IL: Theosophical Publishing House.

### · **Men's Studies**

Besant, A., & Leadbeater, C. W. (1922). *Men: Whence, how and whither*. Wheaton, IL: Theosophical Press.

Bolen, J. S. (1989). *Gods in everyman: A new psychology of men's lives and loves*. San Francisco: Harper & Row.

Johnson, R. A. (1986). *He: Understanding masculine psychology*. San Francisco: Harper & Row.

### · **Metaphysics: Ontology & Cosmology**

Assagioli, R. (1965). *Psychosynthesis*. New York: Viking Press.

Assagioli, R. (1974). *The act of will*. New York: Penguin.

Berney, C. (2000). *Fundamentals of Hawaiian mysticism*. Freedom, CA: The Crossing Press.

Bryan, C. D. B. (1995). *Close encounters of the fourth kind: Alien abductions, UFOs, and the conference at M.I.T.* New York: A. A. Knopf.

Carrel, A. (1935). *Man, the unknown*. New York: Harper.

Chopra, D. (2000). *How to know God*. New York: Harmony Books.

Clow B. H. (1993). *Chiron: Rainbow bridge between the inner and outer planets*. St. Paul, MN: Llewellyn.

Cornell, J. (1994). *Mandala: Luminous symbols for healing*. Wheaton, IL: Quest Books.

Douglas, A. (1977). *Extra-sensory powers: A century of psychical research* (2<sup>nd</sup> ed.). Woodstock, NY: The Overlook Press.

Dyer, W. W. (1998). *Wisdom of the ages: 60 days to enlightenment*. New York: Harper Collins.

Echart, M. (1996). *Meister Echart, from whom God hid nothing*. Boston: Shambhala.

- Furst, J. (Ed.). (1986). *Edgar Cayce's story of Jesus*. New York: Berkley Books.
- George, L. (1995). *Alternative realities : The paranormal, the mystic and the transcendent in human experience*. New York: Facts On File.
- Gurdjieff, G. I. (1963). *Meetings with remarkable men: All and everything*. Great Britain: Routledge.
- Jung, C. G. (1933). *Modern man in search of a soul* (W. S. Dell & C. F. Baynes, Trans.). Orlando, FL: Harcourt Brace Jovanovich.
- Merton, T. (1996). *Life and holiness*. Image.
- Ostrander, S., & Schroeder, L. (1970). *Psychic discoveries behind the Iron Curtain*. New York: Bantam.
- Ouspensky, P.D. (1948). *A new model for the universe*. New York: A A Knoff.
- Ouspensky, P. D. (1949). *In search of the miraculous: Fragments of an unknown teaching*. Orlando, FL: Harcourt, Brace & Company.
- Powell, A. E. (1992). *The astral body : and other astral phenomena*. Wheaton, IL: The Theosophical Publishing House.
- Reilly, H. J., & Brod, R. H. (1975). *The Edgar Cayce handbook for health through drugless therapy*. New York: Jove Publications.
- Roman, S. (1986). *Personal power through awareness : How to use the unseen and higher energies of the Universe for spiritual growth and personal transformation*. Tiburon, CA : H J Kramer.
- Ruiz, D. M. (1997). *The four agreements: A Toltec wisdom book*. San Rafael, CA: Amber-Allen Publishing.
- Ruiz, D. M. (2000). *The four agreements: Companion book*. San Rafael, CA: Amber-Allen Publishing.
- Sinnett, A. P. (1889). *The Occult world*. Boston: Houghton Mifflin.
- Sugrue, T. (1978). *The story of Edgar Cayce*. New York: Laurel.
- Vecchioione, P. (2001). *Writing and the spiritual life: Finding your voice by looking within*. New York: Contemporary Books.
- Wilde, S. (1984). *The force*. Carlsbad, CA: Hay House.
- Wilde, S. (1995). *The quickening*. Carlsbad, CA: Hay House.

Yeats, W. B. (1961). *A vision*. New York: The Macmillan Company.

## **Music Therapy**

Arye, L. (2001). *Unintentional music: releasing your deepest creativity*. Charlottesville, VA: Hampton Roads Publishing.

Gaynor, M. L. (1999). *The healing power of sound: Recovery from life-threatening illness using sound, voice, and music*. Boston: Shambhala.

Scott, C. (1928). *The influence of music on history and morals: A vindication of Plato*. Wheaton, IL: Theosophical Publishing House.

## **Mysticism & Religion**

Dowling, E. S., & Dowling, L. W. (1964). *The Aquarian gospel of Jesus the Christ*. Los Angeles: DeVorss & Co. (Original work published 1908)

Hansen, C. (1992). *A Daoist theory of Chinese thought: A philosophical interpretation*. Oxford, England: Oxford University Press.

Jordan, M. (1993). *Encyclopedia of gods: Over 2,500 deities of the world*. New York: Facts On File.

Ouspensky, P.D. (1957). *The fourth way*. New York: Random House.

Parrinder, G. (Ed.). (1971). *World religions: From ancient history to the present*. New York: Facts On File.

Pagels, E. (1979). *The Gnostic gospels*. New York: Random House.

Szekely, E. B. (Trans.). (1971). *The Essene gospel of peace*. San Diego, CA: Academy of Creative Living.

## **Near Death Experiences**

Berman, P. L. (1996). *The journey home: What near-death experiences and mysticism teach us about the gift of life*. New York: Simon & Schuster.

Brown, Sylvia. (2001). *Life on the other side: A psychic's tour of the afterlife*. New York: Signet Inspiration.

Eadie, B. J. (1992). *Embraced by the light*. New York: Bantam.

Kason, Y., & Degler, T. (1994). *A farther shore: How near-death and other experiences can change ordinary lives*. Toronto, Canada: Harper Collins.

Moody, R. A. (1975). *Life after death*. New York: Bantam.

Moody, R. A. (1975). *Life after life*. New York: Bantam.

Moody, R. A. (1977). *Reflections on life after death*. New York: Bantam.

Newton, M. (1994). *Journey of souls: Case studies of life between lives*. St. Paul, MN: Llewellyn.

Ring, K. (1980). *Life at death: A scientific investigations of the near-death experience*. New York: Quill.

Ritchie, G. G. (with Sherrill, E.). (1978). *Return from tomorrow*. Grand Rapids, MI: Zondervan Publishing House.

- **New Age Children**

Burns, L. (1988). *Develop your child's psychic abilities*. New York: Simon & Schuster.

Carroll, L., & Tober, J. (1999). *The indigo children: The new kids have arrived*. Carlsbad, CA: Hay House.

Kurcinka, M. S. (1991). *Raising your spirited child: A guide for parents whose child is more intense, sensitive, perceptive, persistent, and energetic*. New York: Harper Perennial.

- **Naturopathy**

Santillo, H. (1993). *Intuitive healing: Everybody's guide to lifelong health and vitality through food*. Prescott, Arizona: Hohm Press.

Weil, A. (1995). *How to discover and enhance your body's natural ability to maintain and heal itself*. New York: A. A. Kopf.

- **Occult**

Bailey, A. A. (1967). *A treatise on white magic: Or the way of the disciple*. New York: Lucis Publishing.

Day, H. (1976). *Occult illustrated dictionary*. New York: Oxford University Press.

*The Urantia® book* (1955). Chicago: Urantia Foundation.

- **Out-of-Body Experiences**

Monroe, R. A. (1971). *Journeys out of the body*. New York: Doubleday.

Monroe, R. A. (1985). *Far journeys*. New York: Doubleday.

Monroe, R. A. (1994). *Ultimate journey*. New York: Doubleday.

### · **Parapsychology**

Altea, R. (1995). *The eagle and the rose*. New York: Warner Books.

Cardeña, E., Lynn, S. J., & Krippner, S. (Eds.). (2000). *Varieties of anomalous experience: Examining the scientific evidence*. Washington, DC: American Psychological Association.

Rampa, T. L. (1990). *You forever*. York Beach, ME: Samuel Weiser, Inc.

### · **Past Life and Reincarnation**

Cayce, E. E. (1994). *Edgar Cayce's story of Karma*. New York: Berkeley Publishing Group.

Cayce, C. T. (1996). *Edgar Cayce: You can remember your past lives*. New York: Warner Books.

Chadwick, G. (1988). *Discovering your past lives: The best book on reincarnation you'll ever read...in this lifetime*. Chicago, IL: Contemporary Books.

Church, W. H. (1989). *Edgar Cayce's story of the soul: Trace the fascinating footsteps of your evolving soul from its origins to its destination*. Virginia Beach, VA: Association for Research and Enlightenment.

Leadbeater, C. W. (1990). *Soul's growth through reincarnation: The lives of Erato and Spica*. Wheaton, IL: Theosophical Publishing House.

Nethercot, A. E. (1960). *The first five lives of Annie Besant*. Wheaton, IL: Theosophical Publishing House.

Newton, M. (1996). *Journey of souls: Case studies of life between lives*. St. Paul, MN: Llewellyn Publications.

Olcott, H. S. (1875). *People from the other world*. Philadelphia, PA: American Publishing Company.

Praagh, J. V. (1999). *Reaching to heaven: Taking to heaven*. New York: Dutton/Penguin.

Weiss, B. L. (1993). *Through time into healing: Using regression for physical, emotional, and spiritual healing*. New York: A Fireside Book/ Simon & Schuster.

## **Pets**

Kohanov, L. (2001). *The Tao of equus: A woman's journey of healing & transformation through the way of the horse*. Novato, CA: New World Library.

Wylder, J. (1978). *Psychic pets: The secret world of animals*. New York: Harper & Row.

## **Physics**

Barbour, J. (2000). *The end of time: The next revolution in physics*. New York: Oxford University Press.

Cole, K. C. (1985). *Sympathetic vibrations: Reflections on physics as a way of life*. New York: Bantam.

Greene, B. (1999). *The elegant universe: Superstrings, hidden dimensions, and the quest for the ultimate theory*. New York: W. W. Norton & Company.

Lederman, L., & Teresi, D. (1993). *The God particle: If the universe is the answer, what is the question?* New York: Delta Trade Paperbacks.

Shlain, L. (1991). *Art & physics: Parallel visions in space, time & light*. New York: William Morrow & Company, Inc.

Supplee, C. (1999). *Physics in the twentieth century* New York: Harry N. Abrams, Inc.

Talbot, M. (1991). *The holographic universe*. New York: Harper Perennial.

Thuan, T. X. (2001). *Chaos and harmony: Perspectives on scientific revolutions of the twentieth century* (A. Reisinger, Trans.). New York: Oxford University Press.

## **Plants**

Cowan, E. (1995). *Plant Spirit Medicine*. Columbus, NC: Swan Raven & Co.

Tompkins, P., & Bird, C. (1973). *The secret life of plants: A fascinating account of the physical, emotional, and spiritual relations between plants and man*. New York: Harper & Row.

## **Prayer**

Dossey, L. (1993). *Healing words: The power of prayer and the practice of medicine*. New York: Harper Collins.

Williamson, M. (1994). *Illuminata: A Return to Prayer*. New York: Riverhead Books.

### **Psychic Studies**

Bloom, W. (1996). *Psychic protection: Creating positive energies for people and places*. New York: Fireside Books.

Burns, L. (1985). *Develop your psychic abilities: And get them to work for you in your daily life*. New York: Simon & Schuster.

Hoffman, E. (1981). *Develop your psychic skills*. Rockport, MA: Para Research.

Wallace, A., & Henkin, B. (1978). *The psychic healing book*. New York: Delacorte Press.

### **Psychology, Sociology, Anthropology, Philosophy**

Andrews, L. V. (1995). *Love and power: Awakening to mastery*. New York: Harper Collins.

Aron, E. N. (1997). *The highly sensitive person: How to thrive when the world overwhelms you*. New York: Bantam.

Bolen, J. S. (1982). *The Tao of psychology: Synchronicity and the self*. New York: Harper Collins.

Baron, R., & Wagele, E. (1994). *The Enneagram made easy: Discover the 9 types of people*. New York: Harper Collins.

Breitman, P., & Hatch, C. (2000). *How to say no without feeling guilty: And say yes to more time, more joy, and what matters most to you*. New York: Random House.

Campbell, J. (Ed.). (1995). *The portable Jung*. New York: Penguin.

Cirlot, J. E. (1971). *A dictionary of symbols*. New York: Barnes & Noble.

Cousens, G. (2000). *Depression-free for life: An all-natural, five-step plan to reclaim your zest for living*. Morrow/Avon.

Csikszentmihalyi, M. (1990). *Flow*. New York: Harper Collins.

Csikszentmihalyi, M. (1997). *Finding Flow: The Psychology of engagement with everyday life*. New York: Basic Books/Harper Collins.

De Mello, A. (1992). *One minute nonsense*. Chicago, IL: Loyola Press.

Eisler, R. (1987). *The chalice and the blade: Our history, our future*. New York: Harper San Francisco.

- Field, R. (1990). *Reason is powerless in the expression of love*. Chalice Guild.
- Friedman, N. (1990). *Bridging science and spirit: Common elements in David Bohm's physics, the perennial philosophy and Seth*. Eugene, OR: The Woodbridge Group.
- Gawain, S., & King, L. (1986). *Living in the light: A guide to persona and planetary transformation*. San Rafael, CA: New World Library.
- Gendlin, E. (1981). *Focusing*. New York: Bantam.
- Gibran, K. (1962). *Spiritual sayings of Kabill Gibran* (A. R. Ferris, Trans.). New York: The Citadel Press.
- Gibran, K. (1984). *The Prophet*. New York: A. A. Knopf. (Original work published 1923)
- Grun, B. (Trans.). (1982). *The timetables of history: A horizontal linkage of people and events*. New York: Simon & Shuster.
- Hatch, C. (2001). *How to say no without feeling guilty*. New York: Broadway Books/Random House.
- Jung, C. G. (1961). *Memories, dreams, and reflections*. New York: Random House.
- Kabat-Zinn, J. (1990). *Full catastrophe living*. New York: Delacorte Press.
- Krishnamurti, J. (1982). *The network of thought*. San Francisco: Harper & Row.
- Ladinsky, D. (Trans.). (1999). *The gift: Poems by Hafiz*. New York: Penguin.
- Lindbergh, A. M. (1955). *A gift from the sea*. Beaverton, OR: Pantheon.
- McKay, M., & Fanning, P. (1987). *Self-esteem: A proven program of cognitive techniques for assessing, improving, and maintaining your self-esteem*. Oakland, CA: New Harbinger Publications.
- Muller, W. (1999). *Sabbath*. New York: Bantam.
- Murphy, M. (1992). *The future of the body: Explorations into the further evolution of human nature*. Los Angeles: Jeremy P. Tarcher.
- Ornstein, R. E. (1989). *Healthy pleasures*. Reading, MA: Addison Wesley.
- Wilber, K. (1996). *A Brief history of everything*. Boston: Shambhala.
- Wilber, K. (1998). *The essential Ken Wilber: An introductory reader*. Boston: Shambhala.



Wilber, K. (2000). *One taste: Daily reflections on integral spirituality*. Boston: Shambhala.

Woodman, M. (1985). *The pregnant virgin: A process of psychological transformation*. Toronto: Inner City Books.

- **Psychometry**

Butler, W. E. (1975). *How to develop psychometry*. New York: Samuel Weiser.

- **Reiki**

Baginski, B. J., & Sharamon, S. (1988). *Reiki: Universal life energy: A holistic method of treatment for the professional practice, absentee healing, and self-treatment of mind, body and soul* (C. Baker & J. Harrison, Trans.). Mendocino, CA: Life Rhythm.

Jarrell, D. G. (1983). *Reiki Plus®: Natural healing*. Cookeville, TN: Putnam Printing.

Mitchell, K. K. (1994). *Reiki, a torch in daylight: A guide for healing*. St. Charles, IL: Mind River Publications.

Mitchell, K. K. (1998). *Reiki mystery school: Transformational Reiki*. St. Charles, IL: Mind Rivers Publishing.

Stein, D. (1995). *Essential Reiki: A complete guide to an ancient healing art*. Freedom, CA: The Crossing Press.

- **Relationships**

Johnson, R. A. (1983). *We: Understanding the psychology of romantic love*. San Francisco: Harper & Row.

Kasl, C. (1999). *If the Buddha dated: A Handbook for finding love on a spiritual path*. New York: Penguin Compass.

Lewis, T., Amini, F., & Lannon, R. (2000). *A general theory of love*. New York: Vintage Books.

Ornish, D. (1998). *Love & survival: The scientific basis for the healing power of intimacy*. New York: Harper Collins.

Ruiz, D. M. (1999). *The mastery of love: A Toltec wisdom book*. San Rafael, CA: Amber-Allen Publishing.

- **Relaxation, Meditation, Imagery**

Silva, J., & Miele, P. (1977). *The Silva mind control method*. New York: Simon & Schuster.

Straughn, R. A. (1976). *Meditation techniques of the Kabalists, Vedantins and Taoists*. New York: MAAT Publishing.

Yogananda, P. (1964). *Metaphysical meditations*. Los Angeles, CA: Self-Realization Fellowship.

## · **Shamanism**

Castaneda, C. (1974). *Tales of power*. New York: Touchstone.

Castaneda, C. (1998). *Magical passes: The practical wisdom of the Shamans of ancient Mexico*. New York: Harper Collins.

Eastman, C. A. (Ohiyesa). (1992). *The soul of an Indian: Writings from Ohiyesa*. Novato, CA: New World Library.

Harner, M. (1980). *The way of the Shaman: A guide to power and healing*. New York: Bantam.

King, S. K. (1990). *Urban Shaman*. New York: Simon & Schuster.

Villoldo, A. (2000). *Shaman, healer, sage: How to heal yourself and others with the energy medicine of the Americas*. Nevada City, CA: Harmony Books.

## · **Spirituality**

Aron, E. (1996). *The highly sensitive person*. New York: Broadway Books/Random House.

Bennett, H. Z., & Sparrow, S. J. (1997). *Spirit guides: What they are, how to meet them, and how to make use of them in every area of your life*. Ukiah, CA: Tenacity Press.

Berman, P. (1996). *The journey home*. New York: Pocket Books.

Brunton, P. (1936). *A search in secret Egypt*. New York: E P Dutton.

Brunton, P. (1938). *The secret path: A technique of spiritual self-discovery for the modern world*. New York: E P Dutton.

Brunton, P. (1938). *The quest of the overself*. New York: E P Dutton.

Brunton, P. (1943). *The wisdom of the overself*. New York: E P Dutton.

- Brunton, P. (1953). *The spiritual crisis of man*. New York: E P Dutton.
- Chodron, P. (1994). *Start where you are*. Boston: Shambhala.
- Chodron, P. (1997). *When things fall apart*. Boston: Shambhala.
- Chopra, D. (1995). *The way of the wizard: Twenty spiritual lessons for creating the life you want*. New York: Harmony Books.
- Chopra, D. (1998). *The path to love: Renewing the power of spirit in your life*. New York: Three Rivers Press.
- Dossey, L. (1997). *Healing words: The power of prayer and the practice of medicine*. New York: Harper.
- Eckhart, T. (1999). *The power of now: A guide to spiritual enlightenment*. Novato, CA: New World Library.
- Elliot, W. (1995). *Tying rocks to clouds: Meetings and conversations with wise and spiritual people*. Wheaton, IL: Quest Books.
- Ferrucci, P. (1990). *Inevitable grace*. New York: Tarcher/Perigee.
- Ford, D. (1998). *The Dark side of the light chasers: Reclaiming your power, creativity, brilliance, and dreams*. New York: Riverhead Books.
- Huxley, A. (1942). *The art of seeing*. Creative Arts Book Co.
- Keck, R. L. (2000). *Sacred Quest: The evolution & future of the human soul*. West Chester, PA: Swedenborg Foundation/Chrysalis Books.
- Leonard, G., & Murphy, M. (1984). *The life we are given*. New York: Tarcher/Putnam.
- Mesko, S. (2000). *Healing Mudras*. New York: Ballantine.
- Pearsall, P. (1998). *The heart's code: Tapping the wisdom & power of our heart energy*. New York: Random House.
- Remen, R. N. (1996). *Kitchen table wisdom: Stories that heal*. New York: Berkeley Publishing Group/Penguin Putnam.
- Roman, S., & Packer, D. (1987). *Opening to channel: How to connect with your guide*. Tiburon, CA: H J Kramer.
- Shakti, G. (1983). *Creative visualization*. New York: Bantam.

- Todeschi, K. J. (1998) *Edgar Cayce on the Akashic records: The book of life*. Virginia Beach: A.R.E. Press.
- Walsch, N. D. (1995). *Conversations with God: An uncommon dialogue* (Vol. 1). Charlottesville, VA: Hampton Roads.
- Walsch, N. D. (1997). *Conversations with God: An uncommon dialogue* (Vol. 2). Charlottesville, VA: Hampton Roads.
- Weiss, B. (1988). *Many lives, many masters*. Columbus, OH: Fireside.
- Weiss, B. (1992). *Through time into healing*. New York: Simon & Schuster.
- Welles, S. (Ed.). (1955). *The world's greatest religions* (Vols. 1-3). New York: Time Inc.
- White, B. F. (2000). *Why normal isn't healthy: How to find heart, meaning, passion & humor on the road most traveled*. Hazelden Information and Educational Services.
- Wilde, S. (1996). *Infinite self: 33 steps to reclaiming your inner power*. Carlsbad, CA: Hay House, Inc.
- Williamson, M. (1993). *A Return to love: Reflections on the principles of a course of miracles*. New York: Harper Perennial Publishing.
- Wurlitzer, R. (1995). *Hard travel to sacred places*. Boston: Shambhala.
- Zukav, G. (1989). *The seat of the soul*. New York: Simon & Schuster.
- Subtle Energies
    - Gerber, R. (2001). *Vibrational Medicine: The #1 handbook of subtle-energy therapies* (3<sup>rd</sup> ed.). Rochester, VT: Bear & Company.
    - Tansley, D. (1972). *Radionics and the subtle anatomy of man*. North Devon, UK: Health Science Press.
    - The mystery of the ductless glands* (n.d.). Oceanside, CA: The Rosicrucian Fellowship.
  - **Theosophy**
    - Bailey, A. A. (1944). *Disciplineship in the new age*. New York: Lucis Publications.
    - Bailey, A. A. (1947). *Problems of humanity*. New York: Lucis Publications.
    - Bailey, A. A. (1948). *Letters on occult meditation*. New York: Lucis Publications.

- Bailey, A. A. (1948). *The reappearance of Christ*. New York: Lucis Publications.
- Bailey, A. A. (1950). *Telepathy and the etheric vehicle*. New York: Lucis Publications.
- Bailey, A. A. (1950). *A treatise on the seven rays*. New York: Lucis Publications.
- Bailey, A. A. (1950). *Glamour: A world problem*. New York: Lucis Publications.
- Bailey, A. A. (1950). *The light of the soul: Its science and effect: A paraphrase of the Yoga sutras of Patanjali*. New York: Lucis Publications.
- Bailey, A. A. (1951). *Initiation, Human and Solar*. New York: Lucis Publications.
- Bailey, A. A. (1951). *A treatise on cosmic fire*. New York: Lucis Publications.
- Bailey, A. A. (1951). *The unfinished autobiography*. New York: Lucis Publications.
- Bailey, A. A. (1954). *Education in the new age*. New York: Lucis Publications.
- Bailey, A. A. (1955). *Disciplineship in the new age* (Vol. 2). New York: Lucis Publications.
- Bailey, A. A. (1956). *A treatise on the seven rays: Esoteric Psychology* (Vol. 1). New York: Lucis Publications.
- Bailey, A. A. (1961). *From intellect to intuition*. New York: Lucis Publications.
- Bailey, A. A. (1965). *A treatise on the seven rays: Esoteric Psychology* (Vol. 3). New York: Lucis Publications.
- Bailey, A. A. (1979). *The soul the quality of life*. New York: Lucis Publications.
- Besant, A. A. (1904). *Esoteric Christianity*. New York: Lucis Publications.
- Besant, A. A., & Leadbeater, C. W. (1905). *Thought forms*. Wheaton, IL: Theosophical Publishing House.
- Besant, A. A., & Leadbeater, C. W. (1924). *The lives of Alcyone* (Vols. 1 & 2). Wheaton, IL: Theosophical Publishing House.
- Blavatsky, H. P. (1888). *The secret doctrine: The synthesis of science, religion, and philosophy*. Wheaton, IL: Theosophical Publishers.
- Blavatsky, H. P. (1908). *From the caves and jungles of Hindostan*. Wheaton, IL: Theosophical Publishers.
- Blavatsky, H. P. (1913). *The key to Theosophy*. Wheaton, IL: Theosophical Publishers.

- Blavatsky, H. P. (1918). *The Theosophical Glossary*. Wheaton, IL: Theosophical Publishers.
- De Purucker, G. (1940). *The esoteric tradition* (Vols. 1 & 2). Wheaton, IL: Theosophical University Press.
- De Purucker, G. (1944). *Wind of the spirit: A section of talks on Theosophy*. Wheaton, IL: Theosophical University Press.
- De Purucker, G. (1945). *Studies of Occult philosophy*. Wheaton, IL: Theosophical University Press.
- De Purucker, G. (1947). *Fundamentals of the esoteric philosophy*. Wheaton, IL: Theosophical University Press.
- De Purucker, G. (1956). *Occult glossary*. Wheaton, IL: Theosophical University Press.
- Leadbeater, C. W. (1993). *Clairvoyance*. Wheaton, IL: Theosophical Publishing House.
- Leadbeater, C. W. (1994). *Invisible helpers*. Wheaton, IL: Theosophical Publishing House.
- Leadbeater, C. W. (1997). *The astral plane: its scenery, inhabitants & phenomena*. Wheaton, IL: Theosophical Publishing House.
- Leadbeater, C. W. (2000). *Man visible and invisible*. Wheaton, IL: Theosophical Publishing House.
- Powell, A. E. (1927). *The mental body*. Wheaton, IL: Theosophical Publishing House.
- Powell, A. E. (1928). *The causal body*. Wheaton, IL: Theosophical Publishing House.
- Powell, A. E. (1930). *The solar system*. Wheaton, IL: Theosophical Publishing House.
- Powell, A. E. (1969). *The etheric double*. Wheaton, IL: Theosophical Publishing House.
- Reed, H., & Cayce, C. T. (1999). *Edgar Cayce on channeling your higher self*. New York: Warner Books.

## **Vocation and Prosperity**

- Adrienne, C. (1999). *The purpose of your life experiential guide: The proven program to help you find your reason for being*. New York: William Morrow.
- Clason, G. S. (1926). *The richest man in Babylon*. New York: Penguin Books.

- Gawain, S. (1997). *Creating true prosperity*. Novato, CA: New World Library.
- Jones, L. B. (1995). *Jesus CEO: Using ancient wisdom for visionary leadership*. New York: Hyperion.
- Lewin, R., & Birute, R. (2000). *The soul at work: Listen...Respond...Let go: Embracing complexity science for business success*. New York: Simon & Schuster.
- Millman, D. (1993). *The life you were born to live: A guide to finding your life purpose*. Novato, CA: New World Library.
- St. James, E. (2001). *Simplify your work life: Ways to change the way you work so you have more time to live*. New York: Hyperion.
- Toms, J. W., & Toms, M. (1998). *True work: The sacred dimension of earning a living*. New York: Bell Tower.
- Whyte, D. (2001). *Crossing the unknown sea: Work as a pilgrimage of identity*. New York: Riverhead Books.

## **Women's Studies**

- Bolen, J. S. (1984). *Goddesses in everywoman: A new psychology of women*. New York: Harper & Row.
- Borysenko, J. (1998). *A woman's book of life: Biology, psychology, & spirituality of the feminine life cycle*. New York: Berkeley Publishing Group.
- George, D. (with Bloch, D.). (1992). *Asteroid Goddesses: The mythology, psychology and astrology of the reemerging feminine*. San Diego, CA: ACS Publications.
- Goodrich, N. L. (1989). *Priestesses*. New York: Franklin Watts.
- Johnson, R. A. (1986). *She: Understanding feminine psychology*. San Francisco: Harper & Row.
- Rosenwasser, P. (1992). *Visionary voices: Women on power: Conversations with shamans, activists, teachers, artists and healers*. San Francisco: Aunt Lute Books.
- Williams, G. M. (1946). *Priestess of the Occult: Madame Blavatsky*. New York: A. A. Knopf.

## **Yoga, Tai Chi, Qigong, etc.**

- Brennan, R. (1992). *The Alexander technique workbook: Your personal program for health, poise and fitness*. Rockport, MA: Element Books.

- Cheun, L. K. (1999). *Chi Kung: The way of healing*. New York: Broadway Books/Random House.
- Chia, M. (1983). *Awakening healing energy through the Tao: The Taoist secret of circulating internal power*. Santa Fe, NM: Aurora Press.
- Fenton, P. (1996). *Sbaolin nei jin qi gong: Ancient healing in the modern world*. York Beach, ME: Samuel Weiser.
- Liu, H., & (with Perry, P.). (1997). *The healing art of qi gong: Ancient wisdom from a modern master*. New York: Warner Books.
- Shivapremananda, S. (1997). *Yoga for stress relief*. New York: Random House.
- Silver, B. (2000). *The Pilates® Body*. New York: Broadway Books.
- Smith, F. F. (1986). *Inner bridges: A guide to energy movement and body structure*. Atlanta, GA: Humanics New Age.