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**EMP 759: CONTROLLED REMOTE VIEWING (CRV) – Basic & Intermediate Level (3 credits)**

## Overview of Course:

CRV is a specific protocol that enables an individual to obtain *psychoenergetic* perceptions, or specific and accurate non-local information from the time/space matrix by using the mind. CRV is a comprehensive and effective method that was developed and used by the military. This course will cover the history of CRV to include its Soviet origin and the investment made by the US government to develop the protocol. The differences between CRV and remote viewing in general will be addressed. This course will teach the original CRV protocol which is powerful but demands focus and repetitious practice to learn it correctly. Students will develop their *sensories* and a language to communicate with their unconscious. Learning CRV can be a transformational process and working within the time/space matrix for the first time can be life-changing. Only serious students should consider taking this course. Students will be asked to reflect on the issues of ethics, purpose, and personal development while learning the protocol. The course will cover four of the six Phases of the CRV Protocol. Phases five and six are taught in the Advanced CRV course and are not critical to obtain basic and accurate information from a target.

Please note that CRV practice sessions are done free-hand on paper. Students will need to either scan, or digitally photograph their session work, or fax them to the Professor. Practice sessions will be due on a weekly basis.

## Course Topics:

- Background – History
  - Origin of remote viewing
  - The role of USSR and US government developing the protocol
  - Applications today
- Understanding differences between remote viewing techniques
  - The qualities and characteristics of CRV protocol
  - Why it is important to learn & follow the CRV protocol exactly
- Fundamentals of accessing non-local information
  - Principles of holographic and open systems
  - CRV matrix concept and time line
  - Relation between space, time and event
  - The role of the conscious and unconscious
  - Sidereal time
- Overview of CRV methodology and protocol
  - Understanding the rigour and structure of the method
  - The role of the viewer and of the monitor
  - Understanding concepts of: viewing, target, photo work
  - Defining the terms such as AOL, dimensionals, and EI.
  - Precautions: what to expect, ethics, the ego, importance of detox

- CRV Protocol – Phase 1
  - The purpose
  - Ideograms, meaning & development of basic ideograms
  - Coordinates, Set-Aside, Frontloading, Feedback
  - Practice sessions
  
- CRV Protocol – Phase 2
  - Explanation of sensories and dimensionals
  - Understanding cues
  - Importance of Aesthetic Impact
  - Purpose of Phase 2
  - Practice sessions: Phases 1 & 2
  
- CRV Protocol – Phase 3
  - Review of components of Phase 2 that lead into Phase 3
  - The nature of Phase 3
  - Sketches and drawings
  - Practice sessions: Phases 1, 2 & 3
  
- CRV Protocol – Phase 4
  - The purpose of Phase 4
  - The 8 column Matrix
  - Understanding and working each column and use within the Matrix
  - Site movement
  - Ending Phase 4
  - Practice sessions: Phases 1, 2, 3 & 4.
  
- Conclusions
  - The importance of practice
  - Applications
  - Ethics and moral responsibilities
  - Practice sessions and questions

### **Learning Objectives:**

At the end of this course students will have learned and practiced four out of the six Phases of the CRV protocol. Students will learn how to develop their sensories and create a language to communicate with their unconscious. The course will enable students to learn the intricacies of the protocol and have enough guided practice sessions to continue on their own. Students acquire not only an understanding of the concept of space/time/event but, through the practice sessions, will have the opportunity to actually remote view targets. This experience can be transformational and students will also learn to reflect on their process and moral responsibilities.

**Audience:**

Open to all students in the Masters program.

**COURSE DESCRIPTION**

CRV is a specific protocol that enables an individual to obtain *psychoenergetic* perceptions, or specific and accurate non-local information from the time/space matrix by using the mind. CRV is a comprehensive and effective method that was developed and used by the military. This course will cover the history of CRV to include its Soviet origin and the investment made by the US government to develop the protocol. The differences between CRV and remote viewing in general will be addressed. This course will teach the original CRV protocol which is powerful but demands focus and repetitious practice to learn it correctly. Students will develop their *sensories* and a language to communicate with their unconscious. Learning CRV can be a transformational process and working within the time/space matrix for the first time can be life-changing. Only serious students should consider taking this course. Students will be asked to reflect on the issues of ethics, purpose, and personal development while learning the protocol. The course will cover four of the six Phases of the CRV Protocol. Phases five and six are taught in the Advanced CRV course and are not critical to obtain basic and accurate information from a target.

**NEED STATEMENT**

There is some confusion about the different remote viewing methods used to obtain non-local information. Controlled Remote Viewing has been at the forefront of this field but its rigor and concept are not well understood. The CRV protocol is powerful but because it takes time and effort to learn it, short-cut methods are being taught as the CRV method. These other methods offer a basic structure but use the person's natural psychic skills as the focus and source. CRV was designed for non-psychics and therefore elicits one's natural psychic skills and offers a specific method to develop the psychic skills by working directly with the unconscious and developing communications with the conscious. Developing these functions without a profound understanding of the technique can oftentimes trigger strong emotional reactions from the learner if he/she is not guided through a journey of self-reflection while learning the method. This course will ensure that the student is monitored and guided through his/her self-development.

**FACULTY-STUDENT COMMUNICATION**

- Telephone Contacts

It is important that the students arrange by email beforehand for all telephone communications. Periodic telephone interaction, as required, at student's expense, can most easily be arranged through email contact.

- Communications

It is requested that students stay in weekly or every other week correspondence with the instructor using e-mail. The student should also set up periodic telephone conversations, at their expense, to discuss problems, concerns, or determine the direction of their course work. Students are always encouraged to contact the instructor by e-mail, fax, or telephone whenever a major concern may arise. It should be understood that as mature

students, it is the responsibility of the students to stay in contact with their instructors. The instructor may be able to set up one-on-one discussions with the student using Skype. Students should check e-mail frequently for professor and EMU messages.

Students will normally send communications via email and submit papers as MSWORD format files attached to email messages. Synchronous Internet sessions may be used for “chat sessions” using Yahoo Messenger Chat or Skype. Check with your instructor on the type of communications s/he uses.

Please note that CRV practice sessions are done free-hand on paper. Students will need to either scan, or digitally photograph their session work, or fax them to the Professor. Practice sessions will be due on a weekly basis.

## **COURSE DELIVERY STYLE**

Distance Education - Coursework is completed at a location determined by the student utilizing a computer that has the ability to play audio and video clips, with Microsoft Office Word, Excel, PowerPoint, Adobe Reader, along with a current web browser, internet connection and email address. Contact and communication with distance students is typically conducted by telephone, Internet, Skype, text chat, and email. Students are also encouraged to contact the University by facsimiles, and postal mail, and by personal visit to the University.

All lessons, coursework and papers must be copied to lessons@energymedicineuniversity.org from both the student and professor.

### 1) Reading Assignments

*Students will read the course assignments and text materials as assigned each week*

### 2) Course Papers

Weekly practice sessions will be assigned and delivered to the Professor by scanning, digitized photo, or faxed.

Students will conduct research based on secondary and primary source materials and the required texts but the focus will be on learning the CRV protocol. From the research and the practice sessions, students will be assigned short papers throughout the course that will demonstrate their understanding of the topic. In the conclusion part of each paper, the student will note his/her reflections and any specific concerns or issues he/she anticipates.

Papers should be approximately five double spaced typewritten pages, in Arial or Times Roman 12 font. The first part of each paper that addresses the student’s understanding of the topic should be written in a scholarly style while the second part, the student may

express his/her anticipated concerns in a personal commentary style. Grades will be given on content, use of source material, organization, grammar, spelling, and depth of thought and reflection. Students should use the APA Style Manual.

### 3) Final Examination

Students will take a final exam that will include knowledge of terminology and essay questions on the Protocol.

## **COURSE ASSIGNMENTS**

***CRV sessions are done free-hand on paper. Students will need to either scan, or digitally photograph their session work, or fax them to the Professor. Practice sessions will be due on a weekly basis.***

### Assignment 1

Paper: your understanding of how CRV evolved and the basic principles involved in accessing non-local information

### Assignment 2

Quiz on basic terms and concepts of CRV

### Assignment 3

Paper on Phase 1: write about your understanding and any anticipated concerns  
Practice sessions

### Assignment 4

Paper on Phase 2: write about your understanding and any anticipated concerns  
Practice sessions Phases 1 & 2

### Assignment 5

Paper on Phase 3: write about your understanding and any anticipated concerns  
Practice sessions Phases 1,2 & 3

### Assignment 6

Paper on Phase 4: write about your understanding and any anticipated concerns  
Practice sessions Phases 1,2,3 & 4

### Assignment 7

Practice sessions Phases 1-4

### Assignment 8

Final exam: terms and understanding of the protocol

## **INDIVIDUALIZATION OF STUDENT ASSIGNMENTS**

Each research project will be chosen by the student to best support their individual professional goals, yet each student will also benefit from seeing the fruits of all fellow students' research and providing professional criticism of each others work.

Each student will be afforded the opportunity of writing on a subject that is related to his or her field of interest. This will assist the student in making each paper individualized. Also the student is encouraged to go outside the field and obtain research data from other interdisciplinary areas. Each student, based on his or her background, will be encouraged to transfer that theoretical information which the course provides into a practical format in the final paper or project.

## **COURSE EVALUATION**

The course grade will be based upon the quality of the research papers, practice sessions, participation and the quality of substantive postings.

## **COURSE GRADING DETERMINANTS**

Grades are based on the following elements of a student's participation and accomplishment. In determining a grade for this course, the following formula will be used:

Reading required texts and on-line readings – 15%  
Threaded Discussion Postings – 10%  
Course papers – 25%  
Practice sessions – 30%  
Final exam – 20%

Using this technique, there will be 100 points assigned to the course. Final semester grades will be calculated as follows:

92-100 points = A range  
86-91 points = B range  
80-85 points = C range  
70-80 points = D range  
Under 70 points = F

## **COURSE COMPLETION TIMETABLE**

*Practice sessions will be due weekly*

- Week 2 Assignment #1
- Week 4 Assignment #2
- Week 6 Assignment #3
- Week 9 Assignment #4
- Week 12 Assignment #5
- Week 16 Assignment #6
- Week 19 Assignment #7

- Week 20 Assignment #8

### **SPECIAL NOTES AND INSTRUCTIONS**

All coursework must be completed in a timely fashion. Students are encouraged to phone or e-mail the instructor whenever they need advice, comments, or instruction.

### **TEXTS**

Buchanan, L. (2003). *The Seventh Sense: The secrets of remote viewing as told by a "psychic Spy" for the U.S. military*. New York, NY: Paraview Pocket Books.

Millay, J. (1999). *Multidimensional Mind: Remote Viewing in Hyperspace*. Berkeley, CA: North Atlantic Books, Universal Dialogues

Schnabel, James. 1997. *Remote Viewers: The Secret History of America's Psychic Spies*. New York, NY: Dell.

### **ADDITIONAL SOURCES**

McMoneagle, Joseph. 2000. *Remote Viewing Secrets: A Handbook*. Charlottesville, Virginia: Hampton Roads Publishing Company.

Puthoff, Harold E. 1996. CIA-Initiated Remote Viewing Program at Stanford Research Institute. *Journal of Scientific Exploration*, 10(1), 63-76.

Sinclair, Upton. 2001(1930). *Mental Radio*. Charlottesville, Virginia: Hampton Roads Publishing Company.

Targ, Russell. 1999. Comments on 'Parapsychology In Intelligence: A Personal Review and Conclusions.' *Journal of Scientific Exploration*, 13, 87-90.

Targ, R., Kutra, J. (1998). *Miracles of Mind*. Novato, CA: New World Library.

Warcollier, René. 2001. *Mind to Mind*. Charlottesville, Virginia: Hampton Roads Publishing Company.