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EMP 750

The Power of Energy Psychology with Addictions

(3 Credits)

Course Overview

This course challenges students to think about and treat the physical/neurological, emotional, mental, social/familial, and spiritual aspects of addiction energetically. Denial, the stages of addiction, family issues, and relapse will be addressed both traditionally, and through energetic interventions and origins work.

Course Topics

- An historical view of addictions treatment and why the need for some traditional tx (treatment) with energetic tx.
- A developmental view of addiction
- An energetic view of addiction
- Addiction as the misdirected spiritual path
- Protocols for treating addiction
- Redefining self, addiction free

Learning Objectives: Students will

1. Describe the interface of addictions medicine and energy medicine.
2. Demonstrate the ability to assess addictions.
3. Address denial as energetic reversal and limiting beliefs.
4. Identify areas for the practitioner where judgment, and other negative feelings come up regarding addicts.
5. Assist addicts in creating a safe spiritual container for recovery.
6. Describe the likenesses and differences in treating the process and substance addictions.
7. Demonstrate using energy interventions with addicts, and their families.
8. Demonstrate using origins work with addicts.
9. Write about using energy work with relapse.
10. Write about creating comprehensive tx programs for addicts which include energy medicine/psychology.

Course Description

Addiction as a misdirected spiritual path will be the guiding force for students to build a tx protocol for addicts, including some traditional material as well as energetic interventions. Students will be guided in working with Dynamic Energetic Healing®, meridian therapies and other energetic interventions to collapse the energetic structure of substance addictions—alcohol, drugs, food, and process addictions-- gambling, shopping, co-dependency, sex, media, and work. A developmental model provides the framework to applied comprehensive treatment for addiction.

NEED STATEMENT

Students will

1. Embrace a philosophy of assisting addicts in maintaining dignity and enhancing their lives.
2. Combine the traditional view of addiction as disease with addiction and disease as energy.
3. Develop abilities to create comprehensive tx for addictions including energy medicine/psychology.
4. Create a core of compassion with strength for addressing addictions in clients.

FACULTY-STUDENT COMMUNICATION

- Telephone Contacts

It is important that students arrange by email beforehand for all telephone or skype communications. Periodic telephone interaction, as required, at student's expense, can most easily be arranged through email contact.

- Phone Bridge sessions will be available when we have groups of students to discuss issues and cases. Watch your in-box for announcements.

- Communications

It is requested that students stay in bi-weekly correspondence with the instructor using e-mail. The student should also set up monthly telephone conversations, at their expense, to discuss problems, concerns, or determine the direction of their course work. Students are always encouraged to contact the instructor by e-mail, fax, or telephone whenever a major concern may arise. It should be understood that as mature students, it is the responsibility of the students to stay in contact with their instructors. The instructor is also willing to set up one-on-one discussions with the student via audio & video Internet exchange using skype. Check your e-mail frequently for messages.

Students will normally send communications via email and submit papers as MSWORD Format files attached to email messages.

COURSE DELIVERY STYLE

Distance Education - Coursework is completed at a location determined by the student utilizing a computer that has the ability to play audio and video clips, with Microsoft Office Word, Excel, PowerPoint, Adobe Reader, along with a current web browser, internet connection and email address. Contact and communication with distance students is typically conducted by telephone, Internet, Skype, text chat, and email. Students are also encouraged to contact

the University by facsimiles, and postal mail, and by personal visit to the University.

All lessons, coursework and papers must be copied to lessons@energymedicineuniversity.org from both the student and professor.

- 1) Reading Assignments
Students will read the assignments in a timely fashion
- 2) Course Project/Clinical Practice
Students will engage in practicum with at least one adult addict.
- 3.) Course papers will be forwarded to the instructor by midnight on the due date.
- 4.) Essay Examination will be a detailed report of one clinical session with each segment backed up with reading or "lecture" (On-line and audio/phone) material.

COURSE ASSIGNMENTS

You will be provided with handouts and guides to download for most assignments.

Assignments #1: Textbooks

Read the following materials. Read these texts through first half of class:

Choose one addictions classic—

I'll Quit Tomorrow, Vernon Johnson
or *Under the Influence*, James Milam

Choose one Family addiction classic—

Another's Chance: Hope and Health for the Alcoholic Family, Sharon Wegscheider,
or *It Will Never Happen to Me*, Claudia Black

Read or review: With attention to the material on addiction.

Living Your Soul's Purpose: Wellness and Passion with Energy Psychology and Energy Medicine, Mary Hammond

Assignment #2

Write in your journal your History hx with addicts and addictions and how that has shaped your feelings and attitudes.

Assignment #3

Practice the energetic interventions and heart center tapping. Use these strategies to clear prior trauma with addicts, and limiting beliefs about addicts. Establish 100% energetic boundaries with addicts as a practitioner.

Assignment #4

View the power point on addiction.

Assignment #5

Write a 4-6 page paper on traditional tx for addicts and how energy psychology/medicine may interface.

Assignment #6

Read and review Dynamic Energetic Healing® protocol and

Practice Energy/Muscle Testing from LYSP

Practice correcting

Neurological disorganization (ND) and Homolateral, and Energetic reversal from LYSP and report in your journal.

Assignment #7

Practice the energetic interventions from LYSP on yourself and others—tapping the meridian points, frontal occipital holding, chakra balancing.

Report in journal

Attend phone bridge practice sessions.

Assignment # 8

Practicum with an adult suffering with a middle stage substance or process addiction. Do an assessment that will be provided to determine level of addiction. Have your client keep a journal and you continue recording in your journal over the course of assignments. Complete required paper work and informed consent.

Review Creating Sacred Space in LYSP and apply before or in session.

Create an intention for healing addictions.

Balance Energy field with muscle testing, and ND and reversal corrections.

Report in journal

Assignment # 9

Practicum with addicted adult.

ET/MT Inner Objections from LYSP, and clear with one of the energetic interventions.

Continue to address denial statements with meridian tapping.

Report in journal

Assignment # 10

Practicum with an addicted adult.

Working at the Origins

Review in LYSP

ET/MT a current Life Energetic origin to heal with your client. Practice the tunnel of light protocol in LYSP. Use the indicated energetic intervention to release and balance the intersection of addiction and trauma.

Clear related death wish, shattered energy field, soul loss, dark energy, limiting beliefs, limiting identities.

Report in journal

Assignment 11#

Practicum with addicted adult.

Working at the Origins

ET/MT an Ancestral Energetic origin to heal with your client. Determine if paternal or maternal with ET/MT. Practice the tunnel of light protocol in LYSP. Use the indicated energetic intervention to release and balance the trauma.

Clear related deathwish, shattered energy field, soul loss, dark energy, limiting beliefs, limiting identities.

Report in journal

Assignment #12

Practicum with addicted adult.

Working at the Origins

ET/MT a womb/birth or Healing Divine separation Energetic origin to heal with your client if indicated. If not, practice on self or another. Practice the tunnel of light protocol in LYSP. Use the indicated energetic intervention to release and balance the trauma.

Clear related deathwish, shattered energy field, soul loss, dark energy, limiting beliefs, limiting identities.

Report in journal

Assignment #13

Practicum with addicted adult.

Working at the Origins

ET/MT a past life/karmic Energetic origin to heal with your client if indicated. If not, practice on self or another. Practice the tunnel of light protocol in LYSP. Use the indicated energetic intervention to release and balance the trauma.

Clear related deathwish, shattered energy field, soul loss, dark energy, limiting beliefs, limiting identities.

Report in journal

Assignment #14

Create an intention to continue to clear triggers to trauma, foreshortened future— inability to plan, and commit.

Assignment #15

Practicum with addicted adult.

Establishing the energy of new behavior, joy, safety, contentment, commitment, positive focus, relating and serving community with boundary work, and practice.

Report in journal

Assignment #16

Essay Examination will be a detailed report of one clinical session with each segment backed up with reading or “lecture” (On-line and audio/phone) material, and

Write a treatment plan, and a clinical note that would be acceptable in a traditional agency on one of your sessions.

COURSE EVALUATION

The course grade will be based upon the quality of the papers and projects, participation in on-line or telephone discussion, and practicum. This instructor is interested in critical thinking about healing and the relevance of the ethereal realms touched by energy work. Students will be expected to be able to articulate the components of healing depression.

COURSE GRADING DETERMINANTS

Grades are based on the following elements of a student's participation and accomplishment. In determining a grade for this course, the following formula will be used:

Reading required texts and handouts – 20%

Practicum and Journaling– 50%

Course papers – 30%

There will be 100 points assigned to the course. Final semester grades will be calculated as follows:

92-100 points = A range

86-91 points = B range

80-85 points = C range

70-80 points = D range

Under 70 points = F

COURSE COMPLETION TIMETABLE

Approximately one assignment per week.

SPECIAL NOTES AND INSTRUCTIONS

All coursework must be completed in a timely fashion. Students are encouraged to phone or e-mail the instructor whenever they need advice, comments, or instruction. If possible, all students should send instructors a short bio and photograph for their files.

ADDITIONAL RECOMMENDED SOURCES:

Bibliographies will be provided in the class.