



**Campus:**

2400 Bridgeway Boulevard, Suite 290  
Sausalito, California 94965 USA

**Postal Mailing Address:**

P.O. Box 564  
Mill Valley, California 94942 USA

**Website:** [www.EnergyMedicineUniversity.org](http://www.EnergyMedicineUniversity.org)

**Phone:** 415-331.1011

**Fax:** 415-331-9293

**Instructor Contact Information:**

Mali Burgess, CMT, PhD

**Postal Mailing Address:**

California USA

**Website:** [www.maliburgess.net](http://www.maliburgess.net)

[www.irisinstitute.net](http://www.irisinstitute.net)

**Phone:** 415-377.9551

**Email:** [mali@irisinstitute.net](mailto:mali@irisinstitute.net)

**EMP 7171: Energy, Integrity & Eternity I (3 credits)**

**Overview of Course:** This course is an exploration of energy, and psycho-physiological and phenomenological aspects of energy including physical, emotional, mental, subtle, creative, spatial, cosmological, healing, natural, and life energy, and sensitive, sustainable, and ethical ways of ways of working with energy.

**Course Topics:** Energy, physical, emotional, mental, subtle, creative, spatial, cosmological, healing, natural, and life energy, integrity, consciousness, nature, and energy medicine

**Learning Objectives:** After completing this course participants will have gained an expanded understanding of energy; they will have experienced energy in new ways; and they will have developed and expanded their ability to work with energy in their personal and professional lives.

Audience: Open to all students in the Masters program.

## **COURSE DESCRIPTION**

This course is an exploration of energy, integrity, and eternity. The course explores psychophysiological and phenomenological aspects of energy including physical, emotional, mental, and subtle energy, creative, spatial, and natural energy, and healing and life energy. The course explores sensitive, sustainable, and ethical ways of working with energy. Explorations include research, practicum, written reflection, and dialogue.

## **NEED STATEMENT**

Students will:

- 1) Develop and deepen their awareness of energy, integrity, and eternity.
- 2) Be able to utilize the knowledge of energy, integrity, and eternity they have gained to extend their own research and therapeutic methods in a healing profession.
- 3) Develop skills needed to identify essential factors pertaining to energy, integrity, and eternity.
- 4) Be able to assist clients using the understanding of energy, integrity, and eternity they have gained.
- 5) Develop the critical skills they need to use energy knowledgeably.

## **FACULTY-STUDENT COMMUNICATION**

- Telephone Contacts

Students should arrange all telephone communications with the instructor by email beforehand. An initial phone contact to clarify course objectives and develop a schedule should be made prior to beginning the course. This contact should be scheduled within the first few weeks of commencement of the semester. After this, periodic telephone communication can be arranged with instructor. All telephone calls will be at student's expense.

- Communications

It is requested that students stay in weekly or every other week correspondence with the instructor using email. The student should also set up periodic telephone conversations, at their expense, to discuss problems, concerns, or determine the direction of their course work. Students are always encouraged to contact the instructor by email, fax, or telephone whenever a major concern may arise. It should be understood that as mature students, it is the responsibility of the students to stay in contact with their instructors. Students should check email frequently for professor and EMU messages.

Students will normally send communications via email and submit papers as MSWORD format files attached to email messages. Synchronous Internet sessions may be used for chat sessions using Yahoo Messenger Chat or the instructor may be able to set up one-on-one discussions with the student using Skype. Check with your instructor on the type of communications she uses.

- Internet Threaded Discussion: There is also an on-going Internet threaded discussion among the students and faculty for the entire semester which creates a larger feedback mechanism of communication. It may be accessed anytime. The thread page is located at: [http://groups.yahoocom/group/Energy\\_Medicine](http://groups.yahoocom/group/Energy_Medicine)

## **COURSE DELIVERY STYLE**

Distance Education - Coursework is completed at a location determined by the student utilizing a computer that has the ability to play audio and video clips, with Microsoft Office Word, Excel, PowerPoint, Adobe Reader, along with a current web browser, internet connection and email address. Contact and communication with distance students is typically conducted by telephone, Internet, Skype, text chat, and email. Students are also encouraged to contact the University by facsimiles, and postal mail, and by personal visit to the

University.

All lessons, coursework and papers must be copied to lessons@energymedicineuniversity.org from both the student and professor.

## **COURSE**

### 1) Reading Assignments

Students will read the following text materials and complete the following course assignments. Alternate materials will be provided for texts students are already familiar with.

Becker. Robert O. M.D. and Gary Selden. *The Body Electric. Electromagnetism and the Foundation of Life*. Quill. William Morrow. New York. 1985

Braden, Gregg. *The Spontaneous Healing of Belief. Shattering the Paradigm of False Limits*. Hay House. Carlsbad, CA. 2008

Brahm. Ajahn. *Who Ordered This Truckload of Dung? Inspiring Stories For Welcoming Life's Difficulties*. Wisdom Publications. Boston. 2005

Callahan, Phillip S. *Paramagnetism. Rediscovering Nature's Secret Force of Growth*. Acres U.S.A. Metairie. LA. 1995

Dale, Cyndi. *The Subtle Body: An Encyclopedia of Your Energetic Anatomy*. Sounds True. Boulder, CO. 2009

Mookerjee, Ajit. *Kundalini. The Arousal of the Inner Energy*. Destiny Books. New York. 1982

Pogacnik, Marko. *Nature Spirits & Elemental Beings. Working with the Intelligence in Nature*. Findhorn Press. Forres, Scotland UK. 2009

Worrall, Ambrose A. with Olga N. Worrall. *The Gift of Healing, A Personal Story of Spiritual Therapy*. Harper & Row Publishers. New York. 1965

### 2) Course Paper/Project

Students will conduct research based on secondary and primary source materials and the required texts. From this research, students will write a paper on specific topic (approved by the instructor). Students may also elect to do a

graduate level project.

### 3) Course Review

Students are issued a set of assignments, readings, and explorations in preparation for a Course Review. Before the deadline, students schedule with the instructor the time and date for the face-to-face, telephone, or Yahoo Messenger Voice or Skype conference. During the review, the instructor will evaluate the knowledge and understanding the student has gained.

## COURSE ASSIGNMENTS

### **Assignment 1. Energy**

Participants will begin to research, explore, and reflect on the nature, experience, and use of energy, and its various forms, frequencies, and nomenclatures including electromagnetic, subtle, etheric, ki, chi, kundalini, orgone, etc. After completing the reading participants will share their reflections in writing and dialogue. Throughout the course, readings and assignments may be tailored to the participants.

### **Assignment 2. Phenomenological and Psychophysiological Aspects of Energy and Energy Integrity**

Participants will research, explore, and reflect on phenomenological and psychophysiological aspects of energy: the physical and nonphysical experience of energy, thought and mental energy, energy in motion as emotion, subtle energy, and energy integrity. After completing the reading and practicum, participants will share their reflections in writing and dialogue.

### **Assignment 3. Creative, Spatial, and Natural Energy**

Participants will research, explore, and reflect on creative, spatial, and natural energy. After completing the visual selections, reading and practicum, participants will share their reflections in writing and dialogue.

### **Assignment 4. Healing and Life Energy**

Participants will research, explore, and reflect on interpersonal energy and healing energy, processes, and practices. After completing the reading, participants will share their reflections in writing and dialogue.

### **Assignment 5. Working with energy**

Participants will research, explore, and reflect on sustainable, ethical and intuitive ways of working with energy. After completing the reading and practicum, participants will share their reflections in writing and dialogue.

### **Assignment 6. Final Project**

Students have the option of designing a research project or preparing a scholarly paper of approximately 10 double-spaced typewritten pages using the appropriate style manual. Research projects and scholarly papers will focus upon a specific aspect of the course. Research projects will be evaluated based on content, originality, the use of source material, and documentation. Scholarly papers will be evaluated based on content, originality, source material, grammar, and spelling.

### **Assignment 7. Course Review**

The Course Review will be given by telephone (or other means) and will cover the assignments. Students will negotiate the timing of the review.

### **INDIVIDUALIZATION OF STUDENT ASSIGNMENTS**

Each research project will be chosen by the student to best support their individual professional goals, yet each student will also benefit from seeing the fruits of all fellow students' research and providing professional criticism of each others work.

Each student will be afforded the opportunity of writing on a subject that is related to his or her field of interest. This will assist the student in making each paper individualized. Also the student is encouraged to go outside the field and obtain research data from other interdisciplinary areas. Each student, based on his or her background, will be encouraged to transfer that theoretical information which the course provides into a practical format in the final paper or project.

### **COURSE EVALUATION**

The course grade will be based upon student participation, the promptness of postings, the satisfactory completion of all coursework, the quality of the research paper or project, and the course review, in consultation with the instructor.

### SPECIAL NOTES AND INSTRUCTIONS

All coursework must be completed in a timely fashion. Students are encouraged to phone or e-mail the instructor whenever they need advice, comments, or instruction.