

PROFESSIONAL EXPERIENCE

Faculty

Energy Medicine University
Sausalito, California USA
January 2014 - current

Founder and Co-Director

The Sacred Future Collective
Travertine Mysteries: Sacred Initiation Rites for Women
Travertine Mysteries: Leadership Training and Women's Initiation
www.sacredfuture.org
Dec. 2011 – current

Founder, Organizer, and Guide

Ancient Path Vision Quests, Wilderness Rites of Passage
2004 - current

<i>Death Valley, CA</i>	<i>7 days, Spring 2004</i>
<i>Austen Creek State Park, CA</i>	<i>5 days, Summer 2004</i>
<i>Mono Lake Basin, CA</i>	<i>7 days, Fall 2004</i>
<i>OceanSong, CA</i>	<i>5 days, Spring 2005</i>
<i>Mono Lake Basin, CA</i>	<i>5 days, Spring 2006</i>
<i>Mono Lake Basin, CA</i>	<i>6 days, Summer 2007</i>
<i>Mono Lake Basin, CA</i>	<i>9 days, Summer 2009</i>
<i>Mono Lake Basin, CA</i>	<i>9 days, Summer 2010</i>
<i>Mono Lake Basin, CA</i>	<i>9 days, Summer 2011</i>
<i>Naropa University, CO</i>	<i>7 days, Summer 2012</i>
<i>Mono Lake Basin, CA</i>	<i>9 days, Summer 2012</i>
<i>Pomo Canyon, CA</i>	<i>4 days, Spring 2013</i>
<i>Death Valley, CA</i>	<i>9 days, Spring 2013</i>

Founder and Guide

13 Moon Women's Initiation
Fall 2011 – Fall 2013

Radio Show Designer and Co-Host

Bi-monthly show called Wisdom of the Ancestors with Evelina Molina
KBBF, 89.1, Bi-lingual Community Radio, Santa Rosa, CA.
Second and Fourth Thursdays at 9:20am.

Private Healing Practice

Hypnotherapy, Spiritual Counseling, Indigenous Medicine Ways
www.mariaowl.com
1997 - current

Psychotherapist Intern

Lomi Psychotherapy Clinic and School Foundation
May 2008 – May 2009, Mar – Dec 2011

Assistant Program Coordinator, Academic Advisor and Concentration Faculty

Consciousness, Healing, and Ecology Concentration
New College of California, North Bay Campus for Sustainable Living
Apr. 2004 – October 2007

Program Director

Conscious Activism Program
OceanSong Farm and Wilderness Center/ EarthWays Foundation
Mar. 2005 – Mar. 2006

Workshops, Trainings and Classes

Organizer and Facilitator

Grief Rituals

Based in the Dagara tradition from Burkina Faso, West Africa.
Bay Area and North Bay, CA. 2005 – current

Plant Spirit Medicine Training

Herb Walks, Medicine Making, Shamanic work with plant spirits.
Bay Area and North Bay, CA. 2006 - current

Nature Rituals & Medicine Walks on Mt. Tamalpais

One to three day ritual retreats with camping, hiking, solo-time, writing practice, and ritual work.
Bay Area, CA. 2010 - 2013

Ceremonial and Ritual Leader of Earth-Based Traditions

One to two day long rituals which include educational elements, community building and mentoring. Includes Medicine Walks, Purification Lodge Ceremony, Rites of Passage rituals for stages of life and life transitions.
Bay Area and North Bay, CA. 1998 - current

Healing Trauma Through the Practice of Presence

Day long training. Lecture and experiential.
Bay Area and North Bay, CA. 2003 - 2010

Presenter

Women's Initiation: Reclaiming Our Sacred Rites
Sponsored by The Sacred Future Collective
Moderator of a panel of five women and presenter.
Sebastopol, CA. December 2013

Women Healing from Violence Through Wilderness Rites of Passage
Gather the Women, Sonoma County Regional Conference
Rohnert Park, CA. November 2013

Sacred Initiation Rites for Women

30th Annual Conference on the Science of Transformation and Shamanism

San Rafael, CA. September 2013

United Nations Commission on the Status on Women: Parallel Events
Opening and closing ceremonies for two sessions
New York, NY. February 2013

Sacred Rites for Sacred Times: Honoring Our Life Transitions
With Tom Pinkson, PhD
Earth Medicine Alliance 2nd Annual Conference
San Francisco, CA. October 2011

A Daily Practice of Connecting with the Sacred Web of Life
With Tina Fields, PhD
Earth Medicine Alliance 1st Annual Conference
San Francisco, CA. October 2010

Healing Self and Community through the Medicine Wheel
Sunday morning service for Unity Church
Berkeley, CA. Fall 2010

Regeneration of Community Through the Medicine Wheel & Drumming
Two-day fundraising event
Center for Spiritual Living
Napa, CA. Fall, 2009

The Sacred Pipe of the Lakota
Guest Speaker
Unity Church
Novato, CA. Fall, 2008

Walking the Red Road
Guest Lecturer for Anthropology class. Tina Fields professor.
Dominican University
San Rafael, CA. Fall 2007

The Practices of Naka-Ima
Teacher's Education Program
New College of California
San Francisco, CA. Winter 2006

The Practice of Honesty as a Tool for Sustainable Community
1st Annual Alumni Conference
New College of California
Santa Rosa, CA. Summer 2005

PUBLICATIONS

Maya vs. Monsanto. Sacred Fire Magazine, Fall 2011 Issue.

NEWSLETTERS AND BLOGS

Articles posted seasonally.

Topics include: Energetic Patterns, Inner-Archetypes, Inner-child work, Plant Spirit Medicine, Working with the Ancestors, Women's Initiation and Reclamation of Power, Indigenous Wisdom and Prophecy.

Blogs found at: www.mariaowl.com, www.sacredfuture.org

EDUCATION

Lomi School Foundation

Santa Rosa, CA
May 2008 – May 2009, Mar – Dec 2011
Somatic Psychotherapy Training

California Institute of Integral Studies

San Francisco, CA
Sept. 2006 – July 2009
Master's of Arts in Integral Counseling Psychology

New College of California, North Bay Campus

Santa Rosa, CA
Sept. 2000 – Aug. 2001
Bachelor of Arts in Culture, Ecology, Sustainable Community and Group Process

San Francisco State University

San Francisco, CA
Sept. 1994 – Dec. 1994
Emphasis: Creative Writing and American Indian Studies

College of Marin

Kentfield, CA
Sept. 1991 – May 1994
Emphasis: Marine Biology, Creative Writing and American Indian Studies

CERTIFICATIONS

Clinical Hypnotherapy

The Alchemy Institute of Hypnosis
Santa Rosa, CA
Fall 2003 – Spring 2005
Certification as a Professional Hypnotherapist

The American Council of Hypnotist Examiners

Glendale, CA
Summer 2006
Certification as a Clinical Hypnotherapist, # CHT 207-215

Master Certification in Intuition Medicine®

Academy of Intuition Medicine®
Sausalito, CA USA
Fall 1995 – Spring 1997

Western Herbalism

California School of Herbal Studies
Forestville, CA
Sept. 1996 – May 1997
Certification as an Herbalist

OTHER TRAINING

Naka-Ima Self-Awareness Intensives

Oregon, British Columbia, California

2000 – 2011

Ongoing training to embody the Naka-Ima practices in order to teach the Naka-Ima work. Training through one-on-one extended personal work with creators of original workshop, and co-leadership of workshops.

Living and Working in a Sustainable, Intentional Community

Lost Valley Educational Center, Dexter, OR

Summers 1998, 1999, 2000, 2001

Training in how to run an eco-conference center and organic, permaculture farm. Experience in consensus meeting format, community collaboration to create quarterly magazine, workshops and festivals.

Permaculture Design

Occidental Arts & Ecology Center, Occidental, CA 2 week design course

Lost Valley Educational Center, Dexter, OR 7 week design course with self-awareness (Naka-Ima).

TEACHING

Topics taught:

ENERGY MEDICINE UNIVERSITY

Indigenous Medicine: Multi-dimensional Ways of Healing

Introduction to Shamanism: Practice and Culture

NEW COLLEGE OF CALIFORNIA

Consciousness, Healing, and Ecology topics taught:

The Medicine Wheel

The Body and the Unconscious

Earth Spirit Medicine

Plant Spirit Medicine

Northern California Medicinal Plant Identification and Use

Shamanism & Indigenous Wisdom

Wilderness Rites of Passage: Vision Quest

Movement and Sound: Expressive Arts for Healing and Self-Awareness

Consciousness of Change

Deep Ecology

Imaginal Psychology

OTHER INFLUENCES IN MY LIFE

Mexican-American Heritage

My Mexican and Native Mexican heritage allows me to hold the perspective of minorities, native peoples and women of color and inspires me to work for healing between the races, classes and sexes.

Spiritual Work and Guidance with traditional Mayan Elders from Guatemala

2010 – current

I have had the great blessing to have received guidance from many traditional Mayan elders from Guatemala, while I was volunteering for Camila Martinez, director of the Maya Seed Ark Project. In 2012 I traveled with Camila to Guatemala and spent the Winter Solstice shift at Tikal and subsequent time at Santiago, Lake Atitlan. It was at Lake Atitlan that I met a family of healers who recognized me as their sister and told me I must return.

Initiation as an Orisa Priest

In November 2011, I was initiated as a priest of Yemoja in the Ifa-Orisa tradition/religion, which has its roots in Nigeria, Africa.

Guidance from Pomo Elder and Indian Doctor

In 2008 I befriended Pomo elder and healer named Lorin Smith. Since our first meeting I drive out to visit him every other month to help him out and learn about traditional Pomo healing.

Participation in Plant Medicine Ceremonies

In 2007 I traveled to the highland rainforests of Peru to work with two Quechua healers. I worked with Ayahuasca and Sanango while there. Returning home, I continued to work with Ayahuasca with a Ecuadorian trained ceremonial leader, for two more years.

Adoption into Traditional Hopi Indian Family

Shungopovi, Second Mesa, AZ

1992 – present

Initiation as a Pipe Carrier on the Red Road

From 1992 to 1998 I went through many levels of initiation rites with a Lakota medicine man from Avon, South Dakota, named Steven Red Buffalo. Including my naming ceremony, vision quest and sun dance.