

CATHERINE CRAWFORD, M.A., A.T.R., M.F.T.

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PROFILE

- Author of *The Highly Intuitive Child* (Hunter House, 2009)
- Licensed Psychotherapist, Marital and Family Therapist, MFC #32802, State of California.
- Registered Art Therapist, ATR, National Registration of Art Therapists, American Art Therapy Association.
- Twenty years professional psychotherapy and art therapy experience in private practice, hospitals, agencies and schools.
- Provide case consultation to treating professionals and psychology graduate students.
- Ten years specialized research in the combined traits of intuition and empathy; including personality identification, attributes and treatment development for intuitive-empaths in psychotherapy.

EDUCATION

Notre Dame de Namur University, Art Therapy, Marital Family Therapy, graduated Summa Cum Laude, M.A. 1990

Founding Officer, Graduate Art Therapy Student Association 1989

Student Chair, National Art Therapy Conference 1989

Loyola Marymount University, History and Business, graduated Cum Laude, B.A. 1986

Alpha Sigma Nu Recipient, National Honor Society, for Academic Scholarship and Service

Kansai Gaidai University of Foreign Study, Japan 1985

Japan-America Conference: A Cross Cultural Analysis of Alternative Dispute Resolution between Japan and the United States.

Trade Reviews in *Publishers Weekly* and *Library Journal* for *The Highly Intuitive Child*, 2009

LICENSES

Marital and Family Therapist, MFC #32802, State of California, Issued 1995

Art Therapist Registered, ATR, National Registration of Art Therapists with the American Art Therapy Association, Issued 1992

Clear Designated Adult Education Teaching Credential: Art, Parent Education, Family Management and Communication Skills

MEMBERSHIP

California Association of Marriage and Family Therapists

American Art Therapy Association

Northern California Art Therapy Association

PROFESSIONAL EXPERIENCE

1995-Present

Psychotherapist in Private Practice

Mt. View, California

Provide individual, couples and family therapy to a complex and diverse population of clients and issues. Specialize in utilizing the creative arts process in conjunction with depth psychology to assist adults, adolescents and children with both chronic and acute difficulties. Work extensively with intuitive adults, children and parents of intuitive children using diagnostics and counseling methods refined through several years of research and the development of specific counseling tools. Co-founder of the Center for Life Passages.

Charter Behavioral Health Systems, San Jose

Director of the Adjunctive and Creative Arts Therapy Department

As director of this eight person department, managed all aspects of operations for creative arts therapies and recreation therapy for both the inpatient and outpatient units within the psychiatric hospital setting. Advisor for program redevelopment in both the Youth and Adult Services. Provided daily art therapy groups to all populations throughout the hospital.

Family Service Agency of San Mateo

Counselor and Art Therapist, Child Abuse Treatment Division

Responsible for new client assessment, formulation of treatment plans, individual and family counseling, facilitating ongoing treatment groups for sexually abused children and non-offending parents, liaison with Youth and Family Services, training for allied professionals on the use of art therapy. Specialized in the treatment of children and families dealing with sexual and physical abuse and trauma.

Piner-Olivet School District, Santa Rosa

Counseling Intern and Art Therapist

Counseled children both individually and in groups. Integrated art, play, movement and sand tray therapies in treatment. Consulted faculty on applications of art therapy and creative process in education.

Alameda, San Mateo and Napa Counties

Art Therapist and Instructor

Facilitated weekly art therapy groups for disabled adults conducted at a variety of sites throughout the San Francisco Bay Area. Disabilities of clients included dementia, blindness, mental illness, developmental delay, stroke and multiple other physical challenges. Responsible for program development, treatment planning, facilitating weekly groups, community public relations, intergenerational art programs and management of four art galleries.

City of St. Helena

Art Instructor and Director of Children's Summer Camp Program

Responsible for all aspects of running a city wide summer camp for children in grades K-5. Created the multi arts curriculum and lead staff in implementing this dynamic camp experience for children. Taught arts courses for elementary school age children for the City of St. Helena.

Community Health Awareness Council, Palo Alto

Counseling Intern

Combined skills as an art therapist and MFCC intern in working with families, groups and individuals. Provided services in the community agency and on a middle school campus. Responsible for diagnosis, design of treatment plans, case management and coordination of crisis services.

Mills Peninsula Hospital, Burlingame

Art Therapist

Initiated art therapy services for adult and adolescent mental health departments of this community hospital. Facilitated art therapy groups and worked with individual patients. Presented in-service training on "Art Therapy in Mental Health" and acted as in-house consultant to clinical staff on the applications of art therapy with the inpatient and outpatient treatment of mental health clients.

LECTURES AND TEACHING

Identifying and Supporting Intuitive and Empathic Children professional training for doctoral students at the Institute of Transpersonal Psychology and for mental health clinicians and parenting groups in various San Francisco Bay Area settings. Forthcoming presentation at CAMFT 2010 statewide conference.

Identifying Signs of Danger in Children's Artwork, mental health professional staff training, Family Service Agency, San Mateo County.

Adolescent Rites of Passage and Art Therapy, Belmont Hills Hospital, staff development and mental health community training.

Applications of Art Therapy in Child and Adult Mental Health Treatment, Mills Peninsula Hospital.

The Benefits of Art Therapy in Child and Adolescent Treatment, training for professional staff at Charter Behavioral Health Hospital.

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RESEARCH

Ten years research on the intuitive and empathic functions in adults, adolescents and children. Developed corresponding assessment criteria and related treatment protocol.

MEDIA EXPERIENCE

Television: Interviewed on “The View from the Bay” ABC-San Francisco. Discussed signs of stress in children impacted by parent’s financial stress. June 12, 2009.

Radio:

KGO Radio (ABC network) Interview on Financial Stress in Children and Intuitive Children, April 20, 2009

The Dresser After Dark Show on the topic of “Highly Intuitive Children”-January 30, 2009

ConsciousTalk Radio with Brenda Michaels, March 6, 2009

WDVR in Princeton, NY. Interview with Victoria Davis, March 9, 2009

WYCD Inner Views with Kimmie and Steve, March 3, 2009

KKNW “Dr. Pat Worldwide” March 11, 2009

KDTH Voice of the Tri-States with Thomas Berryman, March 12, 2009

Frankie Boyer Health Radio Show in Boston, March 30 and March 31, 2009

The Donna Seebo Show, April 1, 2009

OC Metro Family Radio, April 6, 2009

Love n Life Radio Show, April 10, 2009

Inspired Parenting Radio Show with Sandie Sedgbeer, Airs on World Puja Network, April, 2009

KTLR Ella Speaks Radio Show, April 13, 2009

KTKK Interview with Linda Strasburg, Salt Lake City, Utah, April 18, 2009

HRN, KION Network, April 21, 2009

KEST Interview with Len Saputo, MD, May 1, 2009

“Sixth Sense Radio” with Laurie Nadel, Ph.D., May 9, 2009

Dr. Maxine Thompson Show, May 11, 2009

11:11 Talk Radio with Simran Singh, June 25, 2009

KPFK and KTLK “The Aware Show with Lisa Garr”, Los Angeles Public Radio, May 28, 2009

“Explore Your Spirit” with Kala Ambrose, June 14, 2009

Lifetalk Radio with Charles Mills, July 9, 2009

TruVu Radio with Roland Hinds, August 5, 2009

Print media and on-line media: McClatchy-Tribune/Special Segments, Contra Costa Times, Oakland Tribune, SF Bay Area News Group, Sacramento Bee, Tri-City Herald, Fresno Bee, Apria Healthcare, Atlantic City, NJ Press, Holistic Health Magazine, 11:11 Magazine, El Nueva Herald, Santa Cruz Parent, Myrtle Beach (SC) Sun News, Bradenton FL Herald, NY Metro Parents, Big Apple Parent, Brooklyn Parent, Queens Parent, New Connexion, Inspired Parenting Magazine, Children of the New Earth Magazine, Mystic Pop Magazine, Ascending Circle, Staten island Advance, Inland Empire Family Magazine, About Families, Baltimore’s Child, Westchester Parent, Rockland Parent, Fairfield Parent, Natural Awakenings, basilandspice.com, exploreyourspirit.com, intent.com, ofspirit.com, womenof.com, parentclick.com,

A variety of articles by Catherine Crawford as well as interviews by reporters of the author--pertaining to support for highly intuitive children--are found in these media sources in January-September, 2009.