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**EMP 815: Medical Intuition I (3 Credits)**

## **Overview of Course:**

In this course students will learn basic anatomy and physiology and how it connects to the energy systems of the body. They will receive an understanding of the energy of the body from a scientific, medical intuitive and eastern perspective. We will review in-depth the connection the chakra system and the roles they play to the creation of health or dis-ease. The connection to emotional, psychological and spiritual responses that create or dis-empower health and healing will also be reviewed. Lastly, the students will learn and refine how to use energetic diagnosis within the systems of the body.

## **Course Topics:**

-Introduction to the concepts of medical/energetic correlations

- Patterns that produce disease
- Traditional medicine vs. intuitive diagnosis
- The holistic perspective
- Historical perspectives of intuitive diagnosis
- Life issues reflected in the chakras
- How we heal

-Understanding the Seven Chakras and their correlation to the physical body

- Introduction of anatomy and physiology of 1<sup>st</sup> chakra: the cell, base of spine, legs-bones/muscles, feet, lower gastrointestinal system
- Introduction of anatomy and physiology of 2<sup>nd</sup> chakra: reproductive system, large intestine/small intestine, kidney/bladder, and lower vertebrae
- Introduction of anatomy and physiology of the 3<sup>rd</sup> chakra: upper gastrointestinal tract: stomach, pancreas, liver, spleen, adrenals, and middle spine
- Introduction of anatomy and physiology of the 4<sup>th</sup> chakra: cardiovascular system, respiratory system, ribs/breasts, diaphragm, thymus/immune system
- Introduction of anatomy and physiology of the 5<sup>th</sup> chakra: throat, thyroid/parathyroid, trachea, neck vertebrae, mouth/teeth and gums, esophagus, shoulders/arms
- Introduction of anatomy and physiology of the 6<sup>th</sup> chakra: Brain, nervous system, nose, eyes, ears, pineal/pituitary/hypothalamic glands
- Introduction of anatomy and physiology of the 7<sup>th</sup> chakra: top and back of head, generalized muscular and skeletal systems

-Understand how our actions and attitudes create health or disease

- Review case studies of common illnesses and their correlation to emotional, psychological, and spiritual perspectives
- Perspectives on how to create and stay healthy

**Learning Objectives:**

Each student at the end of course should have a deeper understanding of health/healing and the correlation to our energetic systems. Also, each student should be able to do a basic assessment of energy fields and its correlation to the anatomy/physiology of the body.

**Audience:**

Open to all students in the Masters, Doctoral and Certificate program.

**FACULTY-STUDENT COMMUNICATIONS**

Students are expected to begin this distance study course early in the semester in which they are enrolled in this course.

Telephone conferences may be scheduled by mutual arrangements. Whenever a major concern arises students are encouraged to contact the instructor by e-mail or telephone (note for the fastest response please use telephone). It should be understood that as mature students, **it is the responsibility of the students to stay in contact with their instructor.**

**Students are required to submit copies of their papers via email to the above address.** Each assignment will be graded individually.

The final oral examination will be by phone, at a time that is mutually arranged.

**Grading:**

Course grades are based on the following elements of a student's participation and accomplishment. Course grading is determined by final oral exam, final essay/project, homework assignments, the journaling assignments, and instructor assessment of integration of the material.

In determining grades the following formula will be used:

Reading required texts – 20%

Course Papers – 40% (10% for each of the four papers)

Course journaling-15%

Final Essay/Project-15%

Oral examination – 10%

Using this technique, there will be 100 points assigned to the course. Final semester grades will be calculated as follows:

92-100 points = A range

86-91 points = B range

80-85 points = C range

70-80 points = D range  
Under 70 points = F  
0 points Incomplete = I

## **COURSE DELIVERY STYLE**

Special Note:

This course is offered during the spring semester..

This gives the student an opportunity to participate in the Academy of Intuition Medicine California campus Anatomy & Healing courses via live phone-in conference.

This campus course is 8-weeks held on Monday nights from 7:00 PM to 9:30 PM Pacific Standard Time. Participation in this classroom adds a rich human experience to this course as you will join 20 or more students in a live campus experience.

Exact dates found here:

<http://www.intuitionmedicine.com/academy/calendar.htm>

This course is also incorporates distant learning.

## **COURSE DELIVERY STYLE**

1) Reading Assignments:

Clayman, Charles, MD, The Human Body, An Illustrated Guide to Its Structure, Function and Disorders, Dorling Kindersley Limited, NY, NY, 1995.

Judith, Anodea, Wheels of Life, A User's Guide to the Chakra System, Llewellyn Publications, St. Paul, MN, 1992.

McCartney, F. Body of Health The New Science of Intuition Medicine® for Energy & Balance. New World Library/Nataraj, Novato, California, 2005.

McCartney, F. Intuition Medicine® The Science of Energy. Intuition Library, Mill Valley, California, 2005 [8 CD-set]

Myss, Caroline, PhD, Anatomy of the Spirit, The Seven Stages of Power and Healing, Three Rivers Press, NY, NT, 1996, Chapter, 1.

Myss, Caroline, PhD, Shealy, C. Norman, MD, PhD, The Creation of Health: The Emotional, Psychological and Spiritual Responses that Promote Health and Healing,

Stillpoint Publishing, Walpole, NH, 1993.

\*The instructor will also email each student teacher's notes that will give more detailed information on anatomy and physiology; as well as, its relationship to the chakras: Prepared by Dr. Melissa Patterson.

## **COURSE ASSIGNMENTS GUIDELINES**

1. Double space all your papers, and use a 12-point font.
2. Always include your name, the course number, and which assignment it is in the title of your assigned papers.
3. Please read all required reading, meditations (if applicable) and journaling prior to completing papers.
4. All course work must be completed in a timely fashion. If you having difficulties with this please notify the instructor as soon as possible.
5. **The papers are expected to have a researched perspective plus include the student's own personal process experience and critical thinking skills. Please always include a bibliography and in-text citations, the student can use APA or Chicago bibliographic styles.** (If unclear about bibliographies, a great resource to use is: Hacker, Diana, A Pocket Style Manual, Bedford/St. Martin, Boston, MA, 2004.)
6. Academic Journal: Students are expected to keep a journal that will include their analysis of the readings and personal process of integration of the information during the semester. The entry's can vary in length, however, the minimum entry length is 2 pages (12-point font, double spaced) and the maximum entry is 5 pages. The entries should focus on the courses material and the multitude of ways it is affecting your life. Please integrate critical thinking, your opinions of the reading and your own personal process. The entries should include analysis of the reading; since quotes or paraphrasing will be used a bibliographic style should be included.  
\*Note: Confidentiality is honored in the teacher/student relationship, therefore, know that whatever is written of or spoken **that is of a personal nature** will not be divulged to others.

## **COURSE ASSIGNMENTS**

### **Module 1**

In this module students will receive an introduction of medical intuition and learn the basics of using the energetic medicine in the context of the human body.

#### **Assignment #1:**

Myss, Caroline, PhD, Anatomy of the Spirit, The Seven Stages of Power and Healing, Three Rivers Press, NY, NY, 1996, Chapters, 1-3, of Part I.

Myss, Caroline, PhD, Shealy, C. Norman, MD, PhD, The Creation of Health: The Emotional, Psychological and Spiritual Responses that Promote Health and Healing,

Stillpoint Publishing, Walpole, NH, 1993, Chapter, 1-5.

Homework: Write a 5-page paper correlating the assigned readings with your own personal experiences, whether they are from a personal health crisis and/or that of a loved one. If you are a healer you may also incorporate experiences from your healing practice.

## **Module 2:**

In this module the student will learn in more detail what the seven chakras are and how they correlate to the anatomy and physiology of the human body

### **Assignment #2:**

McCartney, F., Body of Health The New Science of Intuition Medicine® for Energy & Balance. New World Library/Nataraj, Novato, California, 2005, chapters 1-3.

Myss, Caroline, PhD, Anatomy of the Spirit, The Seven Stages of Power and Healing, Three Rivers Press, NY, NT, 1996, pg. 94-101, and Chapt. 1 of Part II.

\*Note: Please refer back to pgs. 96-101 in Anatomy of the Spirit as we move through every chakra to find its physical connection. We will primarily stick with these correlations throughout class, but there will be some variation based on my experience and others I have worked with.

Judith, Anodea, Wheels of Light, A User's Guide to the Chakra System, Llewellyn Publications, St. Paul, MN, 1992, Chapt. 2.

Clayman, Charles, MD, The Human Body, An Illustrated Guide to Its Structure, Function and Disorders, Dorling Kindersley Limited, NY, NY, 1995, Pgs. 10-21

### **Review Teacher Notes:**

Homework: Listen to the CD entitled, "The Energy Anatomy of the Chakra System" and do the meditation on the CD.

-Read the meditation on the 1<sup>st</sup> chakra and its correlation to the physical organ body.

Daily Awareness: Be aware of your 1<sup>st</sup> chakra and its correlations to the physical body throughout the upcoming week.

-Daily practice the meditation of the 1<sup>st</sup> chakra and its physical correlations

### **Assignment #3:**

McCartney, F., Body of Health The New Science of Intuition Medicine® for Energy & Balance. New World Library/Nataraj, Novato, California, 2005, chapters 4-7.

Myss, Caroline, PhD, Anatomy of the Spirit, The Seven Stages of Power and Healing, Three Rivers Press, NY, NY, 1996, pg. 94-101, and Chapt. 2 of Part II.

Judith, Anodea, Wheels of Light, A User's Guide to the Chakra System, Llewellyn Publications, St. Paul, MN, 1992, Chapt. 3.

Clayman, Charles, MD, The Human Body, An Illustrated Guide to Its Structure, Function and Disorders, Dorling Kindersley Limited, NY, NY, 1995, pgs. 152 & 153, 162 & 163, 176 & 177, 184 & 185, 186 & 187.

### Review Teacher notes:

Homework: Read meditation of the 2<sup>nd</sup> chakra and organ correlations

Daily Awareness: Be aware of your 2<sup>nd</sup> chakra and its correlations to the physical body throughout the upcoming week.

-Daily practice the meditation of your 2<sup>nd</sup> chakra and its physical correlations.

**Journal**: Please journal your experiences of working with and studying both Chakras 1 & 2 include the meditation, experience in class (if applicable,) and your perceptions of the reading material.

### **Assignment #4:**

Myss, Caroline, PhD, Anatomy of the Spirit, The Seven Stages of Power and Healing, Three Rivers Press, NY, NY, 1996, pg. 94-101, and Chapt. 3 of Part II.

Judith, Anodea, Wheels of Light, A User's Guide to the Chakra System, Llewellyn Publications, St. Paul, MN, 1992, Chapt. 4.

Clayman, Charles, MD, The Human Body, An Illustrated Guide to Its Structure, Function and Disorders, Dorling Kindersley Limited, NY, NY, 1995, pgs : 96, 97 (read about pancreas and adrenals only), 158, 160 and 161.

### Review Teacher Notes

Homework: Read meditation of 3<sup>rd</sup> chakra and organ correlations

Daily Awareness: Be aware of your 3<sup>rd</sup> chakra and its correlations to the physical body throughout the upcoming week.

-Daily practice the meditation of your 3<sup>rd</sup> chakra and its physical correlations.

### **Assignment #5:**

Myss, Caroline, PhD, Anatomy of the Spirit, The Seven Stages of Power and Healing, Three Rivers Press, NY, NY, 1996, pg. 94-101, and Chapt. 4 of Part II.

Judith, Anodea, Wheels of Light, A User's Guide to the Chakra System, Llewellyn Publications, St. Paul, MN, 1992, Chapt. 5.

Clayman, Charles, MD, The Human Body, An Illustrated Guide to Its Structure, Function and Disorders, Dorling Kindersley Limited, NY, NY, 1995, pgs . 102 (do not about the

portal system), 103, 104, 105; 124, 125, 126, 127 (overview of specific immune response only), 136, 137, 138, 139 (overview only).

### Review Teacher Notes

Homework: Read meditation of the 4th chakra and organ correlations

Daily Awareness: Be aware of your 4<sup>th</sup> chakra and its correlations to the physical body throughout the upcoming week.

- Daily practice the meditation of your 3rd chakra and its physical correlations.

**Journal**: Please journal your experiences of working with and studying both Chakras 3 & 4 include the meditation, experience in class (if applicable,) and your perceptions of the reading material.

### **Mid-Term Paper/Project**:

Find a person in your community that has an illness/dysfunction in one of the organ systems related to charkas 1-4. Do an energetic/physical assessment and analysis of them using the energetic tools that you have already gleaned and the information you have learned in this course.

Questions to ask you while doing assessment:

-What does this condition look like intuitively?

-What other correlations (mental, emotional, spiritual, energetic) are present?

-Communicate anything that is beneficial for this persons healing to them.

Write a 5-page paper of your experience (including above answers) and an explanation of their condition - how you saw it intuitively, as well as, research on this condition from a clinical and medical perspective. Please include citations and bibliographic style.

### **Assignment #6**:

Myss, Caroline, PhD, Anatomy of the Spirit, The Seven Stages of Power and Healing, Three Rivers Press, NY, NY, 1996, pg. 94-101, and Chapt. 5 of Part II.

Judith, Anodea, Wheels of Light, A User's Guide to the Chakra System, Llewellyn Publications, St. Paul, MN, 1992, Chapt. 6.

Clayman, Charles, MD, The Human Body, An Illustrated Guide to Its Structure, Function and Disorders, Dorling Kindersley Limited, NY, NY, 1995., pgs. 96 (thyroid and parathyroid only), and 156, 157.

### Review Teacher's Notes

Homework: Read meditation of the 5<sup>th</sup> chakra and organ correlations

Daily Awareness: Be aware of your 5<sup>th</sup> chakra and its correlations to the physical body throughout the upcoming week.

- Daily practice the meditation of your 5th chakra and its physical correlations.



**Assignment #7:**

Myss, Caroline, PhD, Anatomy of the Spirit, The Seven Stages of Power and Healing, Three Rivers Press, NY, NY, 1996, pg. 94-101, and Chapt. 6 of Part II.

Judith, Anodea, Wheels of Light, A User's Guide to the Chakra System, Llewellyn Publications, St. Paul, MN, 1992, Chapt. 7.

Clayman, Charles, MD, The Human Body, An Illustrated Guide to Its Structure, Function and Disorders, Dorling Kindersley Limited, NY, NY, 1995, pgs. 60-61, 66, 67, 98, 99 86-91 (briefly review).

**Review Teacher Notes**

**Homework:** Read meditation of the 6<sup>th</sup> chakra and organ correlations

**Daily Awareness:** Be aware of your 6<sup>th</sup> chakra and its correlations to the physical body throughout the upcoming week.

- Daily practice the meditation of your 6<sup>th</sup> chakra and its physical correlations.

**Journal:** Please journal your experiences of working with and studying both Chakras 5 & 6 include the meditation, experience in class (if applicable,) and your perceptions of the reading material.

**Assignment #8**

Myss, Caroline, PhD, Anatomy of the Spirit, The Seven Stages of Power and Healing, Three Rivers Press, NY, NY, 1996., pg. 94-101, and Chapt. 7 of Part II.

Judith, Anodea, Wheels of Light, A User's Guide to the Chakra System, Llewellyn Publications, St. Paul, MN, 1992, Chapt. 8.

Clayman, Charles, MD, The Human Body, An Illustrated Guide to Its Structure, Function and Disorders, Dorling Kindersley Limited, NY, NY, 1995, pgs. 22, 32, 54, 62, 63, 64, 65, 76, 77 (left side). This is very detailed information, just work on getting the basic understanding of it.

**Review Teacher Notes**

**Homework:** Read meditation of the 7<sup>th</sup> chakra and organ correlations

**Daily Awareness:** Be aware of your 7<sup>th</sup> chakra and its correlations to the physical body throughout the upcoming week.

- Daily practice the meditation of your 7<sup>th</sup> chakra and its physical correlations.

**Journal:** Please journal your experiences of working with and studying Chakra 7 include the meditation, experience in class (if applicable,) and your perceptions of the reading material.

## **Assignment #9**

### **Paper/Project:**

Find a person in your community that has an illness/dysfunction in one of the organ systems we have covered in chakras 5-7. Do an energetic/physical assessment and analysis of them using the energetic tools that you have already gleaned and the information you have learned in this course.

Questions to ask yourself while doing assessment:

- What does this condition look like intuitively?
- What other correlations (mental, emotional, spiritual, energetic) are present?
- Communicate anything that is beneficial for this persons healing to them.

Write a 5-page paper of your experience (including above answers) and an explanation of their condition - how you saw it intuitively, as well as, research on this condition from a clinical and medical perspective. Please include citations and use bibliographic style.

## **Assignment #10**

Myss, Caroline, PhD, Shealy, C. Norman, MD, PhD, The Creation of Health: The Emotional, Psychological and Spiritual Responses that Promote Health and Healing, Stillpoint Publishing, Walpole, NH, 1993, part IV.

Clayman, Charles, MD, The Human Body, An Illustrated Guide to Its Structure, Function and Disorders, Dorling Kindersley Limited, NY, NY, 1995. Use as a reference guide to follow as disorders and diseases are covered in The Creation of Health.

## **FINAL WRITTEN ASSIGNMENT:**

Pick one of the top ten leading causes of death in the U.S. (located on pg. 187 in The Creation of Health) and write a 10 page scholarly paper detailing the following:

\*If you are not from the U.S. please feel free to use one of the top ten leading causes of death in your country.

-What is your energetic analysis of this illness? (Use the universal blueprint information and any other information you can glean intuitively.) \*If at all possible find someone in your community who has one of these conditions and do an energetic assessment/analysis of them and their condition. (If you can not find anyone who does not have one of these specific diseases please contact the instructor.)

-What is your energetic assessment of why this condition is so prevalent in the U.S. (or the country which is applicable)?

-In your analysis what do you think could be done (physically, energetically, mentally, etc.) to decrease the outbreaks of this disease? This includes changes on an individual level as well as within the society, culture and the collective unconscious of the country.

-Research the signs/symptoms of this disease, the anatomical location of the organ(s) effected, the organ(s) physiological function, and the pathological perspectives of how this disease manifest in the organ(s) in detail.

-Note any breakthroughs in research that is occurring on this illness, and assess the research intuitively note any strengths and/or weaknesses.

#### FINAL ORAL EXAMINATION

Students must schedule the time and date of their final telephone oral examination with the instructor prior to the semester closure. The instructor will ask the student to respond to questions, which will be emailed to the student two weeks prior to the oral exam. During this final oral exam, the instructor will make note of the student's effectiveness, strengths and weaknesses, and address specific concerns. A final assignment or recommendation may be given in order to bring the student to an integrated skill level.