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EMP 711: Ethics in the Practice of CAM: Creating Right Relationships with Clients, Colleagues, our Community, and Ourselves (3 Credits)

OVERVIEW OF COURSE

This course explores the sacred contract between healer and client as the underlying foundation for ethics in energy medicine. Students will also explore developing right relationships with colleagues, the community, and themselves.

COURSE TOPICS

- I. Establishing and maintaining right relationships with clients, selection of clients for energy interventions, and dealing with client's non-ordinary states of consciousness.

- II. Developing right relationships with colleagues, and the community. Establishing right relationship with ourselves, and the future of the caring ethic.

LEARNING OBJECTIVES

- Students will gain a greater perspective regarding ethical and legal considerations in the selection of clients for energy interventions.
- Students will understand from a legal and ethical standpoint the greater responsibility of working with clients on an energetic level and in non-ordinary states of consciousness.
- Students will understand the importance of professional communications with colleagues and the public, developing a personal ethic of caring, and personal healing as a practitioner's central ethic.

AUDIENCE

Open to all students in the Masters program who have completed Ethics and the Law in Energy Medicine.

COURSE DESCRIPTION

This course builds on the subject matter of "Ethics and the Law in Energy Medicine, Part I". Students will gain an understanding about how to ethically select appropriate clients for energy-based interventions. Students will learn about working with a client's energy system and in non-ordinary states of consciousness as it relates to ethical and legal considerations. We will explore the concept of a sacred contract between the practitioner and client (the therapeutic relationship). Students will learn the importance of professional communications about energy-based approaches to wellness with colleagues and the public. Students will develop for themselves a personal ethic of caring and to seek personal healing as their central ethic.

NEED STATEMENT

Students will:

- 1) Develop criteria for the selection of clients for energy-based modalities based on ethical and legal principles.
- 2) Describe how to work with clients experiencing non-ordinary states of consciousness, how to prepare for possible non-ordinary experiences, and how to assist clients with closure and ongoing processing.
- 3) Understand the concept of the sacred contract between practitioner and client, using archetypes as the guardians of right relationship and ethical decision making.
- 4) Learn how to professionally communicate with colleagues and the public about energy-based approaches to wellness.
- 5) Develop their own personal honor code and clarify their values as they relate to their profession and relationships with clients, colleagues, the public, and themselves.
- 6) Identify how they connect with transpersonal realms and their intuition in working with clients to determine if they are ethically using transpersonal/intuitive material instead of projecting their ego into the therapeutic relationship.
- 7) Identify the keys to an ethical and legally sound energy medicine practice.

FACULTY-STUDENT COMMUNICATION

Telephone Contacts

It is important that students arrange by email beforehand for all telephone communications. An initial telephone contact to clarify course objectives and develop a schedule should be made prior to beginning the course. Periodic telephone interactions, as required, at the student's expense, can most easily be arranged through email contact.

Communications

Reflection on and questions about the course assignments should be addressed via email weekly or as needed. The student should set up monthly telephone conversations, at their expense, to discuss problems, concerns, or determine the direction of their course work. Students are always encouraged to contact the instructor by e-mail, fax, or telephone whenever a major concern may arise. It should be understood that as mature students, it is the responsibility of the students to stay in contact with their instructors.

Students will normally send communications via email and submit reports and other paperwork as MSWORD format files attached to emails. Fax or US mail transmission may be used, at the discretion of and with the approval of the instructor.

All lessons, coursework and papers must be copied to lessons@energymedicineuniversity.org from both the student and professor.

REQUIRED COURSE MATERIALS

1. "Creating Right Relationships: A Practical Guide to Ethics in Energy Therapies", by Dorothea Hover-Kramer and Midge Murphy, 2005, Territorial Publishing Company, Eugene, Oregon USA.

COURSE DELIVERY STYLE

Distance Education - Coursework is completed at a location determined by the student utilizing a computer that has the ability to play audio and video clips, with Microsoft Office Word, Excel, PowerPoint, Adobe Reader, along with a current web browser, internet connection and email address. Contact and communication with distance students is typically conducted by telephone, Internet, Skype, text chat, and email. Students are also encouraged to contact the University by facsimiles, and postal mail, and by personal visit to the University.

1. Read Assignments
2. Complete written assignments
3. Complete final examination

COURSE ASSIGNMENTS

Assignment #1:

Read the following:

- A. Chapter Six of *Creating Right Relationships* "Selection of Clients for Energy Interventions".

Complete the following written assignments:

- A. Describe your process for selecting clients based upon your scope of practice and the information in Chapter 6. Explain in detail how you would communicate with a person you determine is not appropriate to take on as a client.
- B. Create a draft policy statement regarding your energy medicine practice and an informed consent form for clients.

Assignment #2:

Read the following:

- A. Chapter 7 of *Creating Right Relationships* "Dealing with Clients' Non-Ordinary States of Consciousness".

Complete the following written assignment:

- A. Write a paper describing how your energy-based modality may induce light or deep non-ordinary states of consciousness and what ethical considerations are present. Explain how you would provide closure and ongoing processing after a session.

Assignment #3:

Read the following:

- A. Chapter 8 of *Creating Right Relationships* “The Sacred Contract Between Practitioner and Client – Archetypes as Guardians of Right Relationships”.

Complete the following written assignment:

- A. Write a paper describing your understanding of the sacred contract between practitioner and client, emphasizing how it relates to establishing an ethic of caring with clients. Describe the four major archetypes as you have experienced them and how they are present in your relationships with clients. Describe other archetypes that you have identified as being active within your psyche and how they impact your work with clients.

Assignment #4:

Read the following material:

- A. Chapter 9 of *Creating Right Relationships* “Professional Communications about our Innovative Approaches to Wellness”.
- B. Chapter 10 of *Creating Right Relationships* “Developing the Professional Image of Energy Approaches with the Public”.

Complete the following written assignment:

- A. Review all your marketing materials based on the legal concerns described in Chapter 9. Send them to the instructor along with your comments or concerns. If you have no marketing materials, create a sample flyer which describes your practice or a practice you would like to have..
- B. Write a paper explaining in detail how you would communicate with a client who you believe needs to be referred to another professional. Explain in detail how you would communicate with a client who is seeing a physician or other health care practitioner and seeking your services an energy medicine practitioner. Include in your report what kind of referrals you have in place for clients that are not appropriate for your practice or who may develop a special need during a course of treatment that is outside your scope of practice.

Assignment #5:

Read the following material:

- A. Chapter 11 of *Creating Right Relationships* “Setting a Personal Ethics of Caring”

Complete the following written assignment:

- A. Answer the questions posed in the “setting priorities” section of the chapter. Answer the questions in the “clarifying our core values” section of the chapter. Answer the questions in “devising a personal code of honor” section of the chapter. Forward your answers to the instructor.

Assignment #6:

Read the following material:

- A. Finish *Creating Right Relationships*

B. Do the exercises in Chapter 13. Write a paper describing how you access your intuition and how you perform a regular self-care practice to insure you are not projecting your ego into the therapeutic relationship with clients.

Assignment #7: Final Ethics Scenario Examination

A scholarly paper of approximately 10 double spaced pages. Papers will focus upon an Ethics Scenario having the most interest and relevance to the student.

COURSE EVALUATION

The course grade will be based on the student's demonstrated comprehension of the topics covered, the quality of papers, other assignments or projects, and the final examination.

COURSE GRADING DETERMINANTS

Grades are based on the following elements of a student's participation and accomplishment. In determining a grade for this course, the following formula will be used:

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|--------------------------------|-----|
| Reading required texts | 25% |
| Email and internet discussions | 25% |
| Course Papers or Projects | 30% |
| Essay Examination | 20% |

There will 100 points assigned to the course. Final semester grades will be calculated as follows:

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|---------------|-----------|
| 92-100 points | = A range |
| 86-91 | = B |
| 80-85 | = C |
| 70-80 | = D |
| below 70 | = F |

COURSE COMPLETION TIMETABLE

Please note: all reports are to be double spaced papers. Preferably, they will be emailed to the instructor as MSWORD documents. Fax transmission or hard copy (mailed to meet the due date) is acceptable, if the instructor is notified and gives permission beforehand.

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| Week 3 | Complete Assignment #1 |
| Week 6 | Complete Assignment #2 |
| Week 8 | Complete Assignment #3 |
| Week 10 | Complete Assignment #4 |

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| Week 12 | Complete Assignment #5 |
| Week 14 | Complete Assignment #6 |
| Week 16 | Assignment #7, Essay Examination |

SPECIAL NOTES AND INSTRUCTIONS:

All coursework must be completed in a timely fashion. Students are encouraged to phone or email the instructor whenever they need advice, comments, or instruction.

RECOMMENDED SOURCES

1. Benjamin, Ben, Sohen-Moe, Cherie, *The Ethics of Touch, the Hands-on Practitioner’s Guide to Creating a Professional, Safe, and Nurturing Practice*, 2003, SMA, Inc. Tucson, AZ.
2. Cohen, Michael H., www.camlawblog.com
3. “Future Medicine, Ethical Dilemmas, Regulatory Challenges, and Therapeutic Pathways to Health Care and Healing in Human Transformation”, by Michael H.Cohen, 2003, The University of Michigan Press, Ann Arbor, MI.
4. Cohen, Michael H. *Complementary and Alternative Medicine, Legal Boundaries and Regulatory Perspective*, 1998, the John Hopkins Press, Baltimore, MD.
5. Cohen, Michael H. *Beyond Complementary Medicine, Legal and Ethical Perspectives on Health Care and Human Evolution*”, 2002, the University of Michigan Press, Ann Arbor, MI.
6. Myss, Caroline *Sacred Contracts, Awakening your Divine Potential*, 2001, Harmony Books, New York, NY.
7. Sohen-Moe, Cherie *Business Mastery*, 2000, SMA, Inc., Tucson, AZ.