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EMP 7673 – Understanding Huangdi Neijing and TCM Theory with Space-Time Energy

(3 Credits)

Overview of Course

Huangdi Neijing is the foundation of Traditional Chinese Medicine (TCM). Through the development of energy medicine, there are more interests and studies for Huangdi Neijing. The mystery meridian systems attract research around the world for finding scientific truths. Until now, there are no satisfied results found.

Meridian systems do provide a channel to understand energy medicine. Huangdi Neijing shows solid foundation and various experiences for holistic health. TCM theories show the energy systems following nature laws. All ancient wisdom of Hangdi Neijing and its philosophy demonstrate the art of nature. The theories will provide the guidance for practicing holistic health. This course will use our research results to explore Huangdi Neijing by space-time energy and systematically introduces the space-time structure of TCM theory.

Course Topics:

- Introduction on Huangdi Neijing and TCM theory.
- Yin/Yang, Five elements theory and nature laws.
- TCM Zhang Fu (藏腑) theory and their relationships.
- Introduction on human meridian systems.
- Introduction on life energy cycles, four seasons and space-time energy.
- Emotion, behavior, time and space structure of individuals.
- Introduction on TCM exterior-interior relation(表里关系) and space-time holography.
- Space-time energy with Zi Wu Liu Zhu(子午流注) and Wu Yun Liu Qi (五运六气).
- Introduction on philosophy and art of Huangdi Neijing (天人合一).

Learning Objectives :

- Students will understand the key structures of Huangdi Neijing – the relationship with universe, earth and life of human-beings.
- Student will learn the main theories and philosophy of TCM.
- Students will study space-time energy and increase their understanding of energy medicine and holistic health.

Audience:

This course is designed for individuals who have interests in self cognition and development through the ancient science and philosophy.

Course Description

To understand Huangdi Neijing and TCM theory requires deep knowledge of traditional Chinese culture, Chinese literature, ancient and modern science. The study is very challenging for understanding the real meanings of this ancient thought. This course will help students simplify their learning by using space-time structure. The course will provide the direction and guidance for reading, and let students understand the core points and theories systematically.

The course will conduct in a unique way to understand Huangdi Neijing and TCM theory. The course will let students learn meridian systems by our special tool. The hard-understandable theories i.e. Zi Wu Liu Zhu(子午流注) and Wu Yun Liu Qi (五运六气) will be introduced with our research results. The course will help students to understand the nature foundation for space-time holography.

Faculty-Student Communication

The students could use telephone, email and skype to communicate faculty during their learning period. The professor may be able to set up one-on-one discussions with the students using Skype. Students should check email frequently for professor and EMU messages.

Course Delivery Style

Distance Education - Coursework is completed at a location determined by the student utilizing a computer that has the ability to play audio and video clips, with Microsoft Office Word, Excel, PowerPoint, Adobe Reader, along with a current web browser, internet connection and email address.

Contact and communication with distance students is typically conducted by telephone, Internet, Skype, text chat, and email. Students are also encouraged to contact the University by facsimiles, and postal mail, and by personal visit to the University.

All lessons, coursework and papers must be copied to lessons@energymedicineuniversity.org

from both the student and professor.

The course assignments, readings and explorations will be delivered through email and discussion between each student and professor.

Course Assignments and Completion Timetable

The semester has 20 weeks. Twelve assignments need to be accomplished with the following schedule. For assignments and discussion sessions, students could use both English or Chinese language. The final paper needs to be accomplished in English.

Assignment #1 (Week 1)

Study the Yin/Yang related contents in Hangdi Neijing Vol. Su Wen in order to set up the whole concept of the ancient works.

Assignment #2 (Week 2)

Read the several chapters of Huangdi Neijing Vol. Ling Shu to deeply understand the ancient wisdom.

Assignment #3 (Week 3)

Find relationship between Yin/Yang and the Five Elements.

Assignment #4 (Week 4)

Read the catalog and selected chapters of Huangdi Neijing according to students' interests.

Assignment #5 (Week 5)

Understanding Human Zhang Fu and their relationships.

Assignment #6 (Week 6)

Understanding on human meridian systems.

Assignment #7(Week 7)

Understanding life energy cycles, four seasons and space-time energy and their functions with TCM theories.

Assignment #8 (Week8-9)

Study relationships among emotion, behavior, time and space structures.

Assignment #9 (Week10-12)

Study TCM diagnosis systems and space-time holography.

Assignment #10 (Week13-14)

Learn Space-time energy with Zi Wu Liu Zhu.

Assignment #11 (Week15-16)

Understand space-time energy with Wu Yun Liu Qi.

Assignment #12 (Week17-20)

Summarize a paper for understanding TCM theories and space-time energy through Huangdi Neijing.

Course Evaluation

The course grade will be based upon the quality of the assigned worksheets, practiced forms, figures and final paper, the comments and criticisms of understanding, exploration, application and session discussion.

Course Grading Determinants

Grades are based on the assignments and practicing.

Using this technique, there will be 100 points assigned to the course. Final semester grades will be calculated as follows:

92-100 points = A range

86-91 points = B range

80-85 points = C range

70-80 points = D range

Under 70 points = F

Suggested Reading

1. Huangdi Neijing Vol. Su Wen and Vol. Ling Shu 《黄帝内经》
2. Traditional Chinese Medicine with The Art of War – BaiTuJing 《中医兵法百图经》

Note: Other learning materials and study tools will be provided by Dr. Liqi Tian