

# Campus:

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**EMP 7672 – Study Chinese Character Art with Exploring Meridian Energy System** 

(3 Credits)

#### **Overview of Course**

The Chinese characters have more meanings which can be used as decoding tools to understand traditional Chinese medicine and ancient philosophy. The study aims to understand the functional meanings and the art of the Chinese characters used in ancient works.

The course is based on Chinese characters used in Meridian systems. The study extends to use Chinese characters to decode the human energy system by space-time structures. This course goes beyond the limitations of characters themselves and literature meanings. Deeper understanding of Chinese character Art can be linked to ancient philosophy.

# **Course Topics:**

- Chinese Character Art.
- Understanding the relationships of Chinese Characters structures.
- The basic Chinese Characters terminology in TCM theory.
- Chinese characters of meridian systems with the Fire (火) system:
  - Hand Taiyin Lung Channel (手太阴肺经).
  - Hand Shaoyin Heart Channel (手少阴心经).
  - Hand Jueyin Pericardium Channel (手厥阴心包经).
- Chinese characters of meridian systems with Wood(木) system:
  - Hand Shaoyang Sanjiao Channel (手少阳三焦经).
  - Hand Taiyang Small Intestine Channel (手太阳小肠经).
  - Hand Yangming Large Intestine Channel (手阳明大肠经).
- Chinese characters of meridian systems with Gold (金) system:
  - Foot Taiyin Spleen Channel (足太阴脾经).
  - Foot Shaoyin Kidney Channel (足少阴肾经).
  - Foot Jueyin Liver Channel (足厥阴肝经).
- · Chinese characters of meridian systems with Water (水) system:
  - Foot Shaoyang Gallbladder Channel (足少阳胆经).
  - Foot Taiyang Bladder Channel (足太阳膀胱经).
  - Foot Yangming Stomach Channel (足阳明胃经).
- Learning characters of time, space, nature and their energy meanings.
- Understanding health wisdoms through decoding Chinese characters.

## **Learning Objectives:**

- Students will learn basic Chinese characters in Meridian systems of TCM theories.
- Student will study Chinese characters that will be used in the human energy systems and space-time energy structures.
- Students will understand the ancient health wisdoms and basics of TCM concepts through decoding of Chinese characters.

#### Audience:

This course is designed for individuals who have interests in self cognition and development through the ancient science and philosophy.

# **Course Description**

This course will provide learning methods to understand the terminology of meridian systems and basic words of TCM theories. The course will explore the relationship between Chinese Characters and TCM through the structures, the meanings and imagination. The course will also demonstrate the basic energy usage of characters and the meanings. At the end of the course, students will have hints of the civilization and holistic health progress through Chinese character Art.

# **Faculty-Student Communication**

The students could use telephone, email and skype to communicate faculty during their learning period. The professor may be able to set up one-on-one discussions with the students using Skype. Students should check email frequently for professor and EMU messages.

#### **Course Delivery Style**

Distance Education - Coursework is completed at a location determined by the student utilizing a computer that has the ability to play audio and video clips, with Microsoft Office Word, Excel, PowerPoint, Adobe Reader, along with a current web browser, internet connection and email address.

Contact and communication with distance students is typically conducted by telephone, Internet, Skype, text chat, and email. Students are also encouraged to contact the University by facsimiles, and postal mail, and by personal visit to the University.

# All lessons, coursework and papers must be copied to lessons@energymedineuniversity.org

from both the student and professor.

The course assignments, readings and explorations will be delivered through email and discussion between each student and professor.

# **Course Assignments and Completion Timetable**

The semester has 20 weeks. Twelve assignments need to be accomplished with the following schedule. For assignments and discussion sessions, students could use both English or Chinese language. The final paper needs to be accomplished in English.

#### Assignment #1 (Week 1)

Understanding the structure and art of Chinese Characters.

### Assignment #2 (Week 2)

Study Chinese characters of Yin/Yang(阴阳), the Five Elements  $( \Xi f)$  and meridians with Fire ( ) according to guidance.

# Assignment #3 (Week 3)

Exercise Chinese characters of meridians with Fire (火) according to guidance.

#### Assignment #4 (Week 4)

Understand Chinese characters of meridians with Wood(木) system according to guidance.

#### Assignment #5 (Week 5-6)

Exercise Chinese characters of meridians with Wood(木) system according to guidance.

# Assignment #6 (Week 7)

Understand Chinese characters of meridians with Gold (金) system according to guidance.

## Assignment #7 (Week 8-9)

Exercise Chinese characters of meridians with Gold  $(\textcircled{\pm})$  system according to quidance.

# Assignment #8 (Week 10-12)

Understand Chinese characters of meridians with Shui  $(\c x)$  system according to guidance.

#### Assignment #9 (Week 13-14)

Exercise Chinese characters of meridians with Shui  $(\pi)$  system according to guidance.

## Assignment #10 (Week15)

Understanding the relationship between human energy and meridian system.

#### Assignment #11 (Week16-17)

Learn the deep meanings of Chinese characters through decoding characters of meridian system.

## Assignment #12 (Week18-20)

Summarize a paper of deeper understanding of meridian system and energy system by learning Chinese character Art

Understanding and exercise how to write the key words of Yin/Yang, the Five Elements.

## **Course Evaluation**

The course grade will be based upon the quality of the assigned worksheets, practiced forms, figures and final paper, the comments and criticisms of understanding, exploration, application and session discussion.

# **Course Grading Determinants**

Grades are based on the assignments and practicing.

Using this technique, there will be 100 points assigned to the course. Final semester grades will be calculated as follows:

92-100 points = A range

86-91 points = B range

80-85 points = C range

70-80 points = D range

Under 70 points = F