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EMP 715: Medical Intuition I (3 Credits)

Overview of Course:

In this course students will learn basic anatomy and physiology and how it connects to the energy systems of the body. They will receive an understanding of the energy of the body from a scientific, medical intuitive and eastern perspective. We will review in-depth the connection the chakra system and the roles they play to the creation of health or dis-ease. The connection to emotional, psychological and spiritual responses that create or dis-empower health and healing will also be reviewed. Lastly, the students will learn and refine how to use energetic diagnosis within the systems of the body.

Course Topics:

-Introduction to the concepts of medical/energetic correlations

- Patterns that produce disease
- Traditional medicine vs. intuitive diagnosis
- The holistic perspective
- Historical perspectives of intuitive diagnosis
- Life issues reflected in the chakras
- How we heal

-Understanding the Seven Chakras and their correlation to the physical body

- Introduction of anatomy and physiology of 1st chakra: the cell, base of spine, legs-bones/muscles, feet, lower gastrointestinal system
- Introduction of anatomy and physiology of 2nd chakra: reproductive system, large intestine/small intestine, kidney/bladder, and lower vertebrae
- Introduction of anatomy and physiology of the 3rd chakra: upper gastrointestinal tract: stomach, pancreas, liver, spleen, adrenals, and middle spine
- Introduction of anatomy and physiology of the 4th chakra: cardiovascular system, respiratory system, ribs/breasts, diaphragm, thymus/immune system
- Introduction of anatomy and physiology of the 5th chakra: throat, thyroid/parathyroid, trachea, neck vertebrae, mouth/teeth and gums, esophagus, shoulders/arms
- Introduction of anatomy and physiology of the 6th chakra: Brain, nervous system, nose, eyes, ears, pineal/pituitary/hypothalamic glands
- Introduction of anatomy and physiology of the 7th chakra: top and back of head, generalized muscular and skeletal systems

-Understand how our actions and attitudes create health or disease

- Review case studies of common illnesses and their correlation to emotional, psychological, and spiritual perspectives
- Perspectives on how to create and stay healthy

Learning Objectives:

Each student at the end of course should have a deeper understanding of health/healing and the correlation to our energetic systems. Also, each student should be able to do a basic assessment of energy fields and its correlation to the anatomy/physiology of the body.

Audience:

Open to all students in the Certificate, Masters and Doctoral program who have prior intuitive skills demonstrated through: 1] previous intuitive training, work experience 2] has taken one of the following EMU classes: EMP 733, 734, 740, 741, 746, 752, 8671 or 3] through permission by instructor.

NOTE: This class is only offered in the Spring semester.

FACULTY-STUDENT COMMUNICATIONS

Students are expected to begin this distance study course early in the semester in which they are enrolled in this course.

Most communication will be done via email. Telephone conferences may be scheduled with teacher and teaching assistants by mutual arrangements. Whenever a major concern arises students are encouraged to contact the instructor by email or telephone (note for the fastest response please use telephone). It should be understood that as mature students, it is the responsibility of the students to stay in contact with their instructor.

- Students are required to submit copies of their papers via email to Professor Patterson at her email.
- **NOTE: All papers and email communications must also be copied to lessons@energymedicineuniversity.org**

Grading:

Course grades are based on the following elements of a student's participation and accomplishment. Course grading is determined by final oral exam, final essay/project, homework assignments, the journaling assignments, and instructor assessment of integration of the material. Each assignment will be graded individually. The final oral examination will be by phone, at a time that is mutually arranged.

In determining grades the following formula will be used:

Introductory Paper-10%

Course Journals – 40% (10% for each of the four papers)

Mid-Term Paper -15%

Final Essay/Project-20%

Oral examination – 15%

Using this technique, there will be 100 points assigned to the course. Final semester grades will be calculated as follows:

92-100 points = A range
86-91 points = B range
80-85 points = C range
70-80 points = D range
Under 70 points = F
0 points Incomplete = I

COURSE DELIVERY STYLE

Special Note: **Optional** phone-in to live classroom. Course only offered in Spring Semester. This option does not supersede the distance syllabus course. It is only an extra series of lessons. The student must follow and complete this syllabus curriculum.

This campus course is 8-weeks held on Thursday nights from 7:00 PM to 9:30 PM Pacific Standard Time. Participation in this classroom adds a rich human experience to this course as you will join 20 or more students in a live campus experience. Contact professor for phone-in instructions.

Exact dates found here:

<http://www.intuitionmedicine.com/academy/calendar.htm>

COURSE DELIVERY STYLE

1) Reading Assignments:

Clayman, Charles, MD, The Human Body, An Illustrated Guide to Its Structure, Function and Disorders, Dorling Kindersley Limited, NY, NY, 1995.

Judith, Anodea, Wheels of Life, A User's Guide to the Chakra System, Llewellyn Publications, St. Paul, MN, 1992.

McCartney, F. Body of Health The New Science of Intuition Medicine® for Energy & Balance. New World Library/Nataraj, Novato, California, 2005.

McCartney, F. Intuition Medicine® The Science of Energy. Intuition Library, Mill Valley, California, 2005 [8 CD-set]

Myss, Caroline, PhD, Anatomy of the Spirit, The Seven Stages of Power and Healing, Three Rivers Press, NY, NT, 1996, Chapter, 1.

Myss, Caroline, PhD, Shealy, C. Norman, MD, PhD, The Creation of Health: The Emotional, Psychological and Spiritual Responses that Promote Health and Healing, Stillpoint Publishing, Walpole, NH, 1993.

McCartney, F. Body of Health The New Science of Intuition Medicine® for Energy & Balance. New World Library/Nataraj, Novato, California, 2005.

McCartney, F. Intuition Medicine® The Science of Energy. Intuition Library, Mill Valley, California, 2005 [8 CD-set]

*The instructor will also email each student teacher's notes that will give more detailed information on anatomy and physiology; as well as, its relationship to the chakras: Prepared by Dr. Melissa Patterson.

COURSE ASSIGNMENTS GUIDELINES

1. Double space all your papers, and use a 12-point font.
2. Always include your name, the course number, and which assignment it is in the title of your assigned papers.
3. Please read all required reading, meditations (if applicable) and journaling prior to completing papers.
4. All course work must be completed in a timely fashion. If you having difficulties with this please notify the instructor as soon as possible.
5. **The papers are expected to have a researched perspective plus include the student's own personal process experience and critical thinking skills. Please always include a bibliography and in-text citations, the student must use APA style writing.** (If unclear about bibliographies, a great resource to use is: Hacker, Diana, A Pocket Style Manual, Bedford/St. Martin, Boston, MA, 2004.)
6. Academic Journal: Students are expected to keep a journal that will include their analysis of the readings and personal process of integration of the information during the semester. The entries should be 1-2 pages and no longer than 2 pages (12-point font, double spaced.) The entries should focus on the courses material and the multitude of ways it is affecting your life. Please integrate critical thinking, your opinions of the reading and your own personal process. The entries should include some analysis of the reading; since quotes or paraphrasing will be used a bibliographic style should be included.

*Note: Confidentiality is honored in the teacher/student relationship, therefore, know that whatever is written of or spoken that is of a personal nature will not be divulged to others.

COURSE ASSIGNMENTS

Module 1

In this module students will receive an introduction of medical intuition and learn the basics of using the energetic medicine in the context of the human body.

Assignment #1:

Myss, Caroline, PhD, Anatomy of the Spirit, The Seven Stages of Power and Healing, Three Rivers Press, NY, NY, 1996, Chapters, 1-5.

Myss, Caroline, PhD, Shealy, C. Norman, MD, PhD, The Creation of Health: The Emotional, Psychological and Spiritual Responses that Promote Health and Healing, Stillpoint Publishing, Walpole, NH, 1993, Chapter, 1-5.

Homework: Write a 5-page paper correlating the assigned readings with your own personal experiences, whether they are from a personal health crisis and/or that of a loved one. If you are a healer you may also incorporate experiences from your healing practice.

Module 2:

In this module the student will learn in more detail what the seven chakras are and how they correlate to the anatomy and physiology of the human body.

*Note: If you are attending the Anatomy and Energy class via tele-conference at the Academy of Intuition Medicine it is a good idea to correlate the flow of the class with the anatomy and physiology that we are covering as much as possible. More specific detail and explanation will be given via phone conference with the instructor.

Assignment #2:

Myss, Caroline, PhD, Anatomy of the Spirit, The Seven Stages of Power and Healing, Three Rivers Press, NY, NT, 1996, pg. 94-101, and Chapt. 1 of Part II.

*Note: Please refer back to pgs. 96-101 in Anatomy of the Spirit as we move through every chakra to find its physical connection. We will primarily stick with these correlations throughout class, but there will be some variation based on my experience and others I have worked with.

Judith, Anodea, Wheels of Light, A User's Guide to the Chakra System, Llewellyn Publications, St. Paul, MN, 1992, Chapt. 2.

Clayman, Charles, MD, The Human Body, An Illustrated Guide to Its Structure, Function and Disorders, Dorling Kindersley Limited, NY, NY, 1995, Pgs. 10-21.

McCartney, F., Body of Health The New Science of Intuition Medicine® for Energy & Balance. New World Library/Nataraj, Novato, California, 2005, read chaps. 1-7.

Review Teacher Notes:

Homework: Listen to the CD entitled, “The Energy Anatomy of the Chakra System” and do the meditation on the CD.

-Read the meditation on the 1st chakra and its correlation to the physical organ body.

Daily Awareness: Be aware of your 1st chakra and its correlations to the physical body throughout the upcoming week.

-Daily practice the meditation of the 1st chakra and its physical correlations

Assignment #3:

Myss, Caroline, PhD, Anatomy of the Spirit, The Seven Stages of Power and Healing, Three Rivers Press, NY, NY, 1996, pg. 94-101, and Chapt. 2 of Part II.

Judith, Anodea, Wheels of Light, A User’s Guide to the Chakra System, Llewellyn Publications, St. Paul, MN, 1992, Chapt. 3.

Clayman, Charles, MD, The Human Body, An Illustrated Guide to Its Structure, Function and Disorders, Dorling Kindersley Limited, NY, NY, 1995, pgs. 152 & 153, 162 & 163, 176 & 177, 184 & 185, 186 & 187.

Review Teacher notes:

Homework: Read meditation of the 2nd chakra and organ correlations

Daily Awareness: Be aware of your 2nd chakra and its correlations to the physical body throughout the upcoming week.

-Daily practice the meditation of your 2nd chakra and its physical correlations.

Journal: Please journal your experiences of working with and studying both Chakras 1 & 2 include the meditation, experience in class (if applicable,) and your perceptions of the reading material.

Assignment #4:

Myss, Caroline, PhD, Anatomy of the Spirit, The Seven Stages of Power and Healing, Three Rivers Press, NY, NY, 1996, pg. 94-101, and Chapt. 3 of Part II.

Judith, Anodea, Wheels of Light, A User’s Guide to the Chakra System, Llewellyn Publications, St. Paul, MN, 1992, Chapt. 4.

Clayman, Charles, MD, The Human Body, An Illustrated Guide to Its Structure, Function and Disorders, Dorling Kindersley Limited, NY, NY, 1995, pgs : 96, 97 (read about pancreas and adrenals only), 158, 160 and 161.

Review Teacher Notes

Homework: Read meditation of 3rd chakra and organ correlations

Daily Awareness: Be aware of your 3rd chakra and its correlations to the physical body throughout the upcoming week.

-Daily practice the meditation of your 3rd chakra and its physical correlations.

Assignment #5:

Myss, Caroline, PhD, Anatomy of the Spirit, The Seven Stages of Power and Healing, Three Rivers Press, NY, NY, 1996, pg. 94-101, and Chapt. 4 of Part II.

Judith, Anodea, Wheels of Light, A User's Guide to the Chakra System, Llewellyn Publications, St. Paul, MN, 1992, Chapt. 5.

Clayman, Charles, MD, The Human Body, An Illustrated Guide to Its Structure, Function and Disorders, Dorling Kindersley Limited, NY, NY, 1995, pgs . 102 (do not about the portal system), 103, 104, 105; 124, 125, 126, 127 (overview of specific immune response only), 136, 137, 138, 139 (overview only).

Review Teacher Notes

Homework: Read meditation of the 4th chakra and organ correlations

Daily Awareness: Be aware of your 4th chakra and its correlations to the physical body throughout the upcoming week.

- Daily practice the meditation of your 4th chakra and its physical correlations.

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Journal: Please journal your experiences of working with and studying chakras 3 & 4 include your experience with the meditations, experience in class (if applicable,) and your perceptions of the reading material.

Assignment #6

Mid-Term Paper/Project:

Find a person in your community that has an illness/dysfunction in one of the organ systems we have covered in chakras 1-3. Do an energetic/physical assessment and analysis of them using the energetic tools that you have already gleaned and the information you have learned in this course.

Questions to ask yourself while doing assessment:

-What does this condition look like intuitively?

-What other correlations (mental, emotional, spiritual, energetic) are present?
-Communicate anything that is beneficial for this persons healing to them.
Write a 5-page paper of your experience (including above answers) and an explanation of their condition - how you saw it intuitively, as well as, research on this condition from a clinical and medical perspective. Please include citations and use bibliographic style.

Assignment #7:

Myss, Caroline, PhD, Anatomy of the Spirit, The Seven Stages of Power and Healing, Three Rivers Press, NY, NY, 1996, pg. 94-101, and Chapt. 5 of Part II.

Judith, Anodea, Wheels of Light, A User's Guide to the Chakra System, Llewellyn Publications, St. Paul, MN, 1992, Chapt. 6.

Clayman, Charles, MD, The Human Body, An Illustrated Guide to Its Structure, Function and Disorders, Dorling Kindersley Limited, NY, NY, 1995., pgs. 96 (thyroid and parathyroid only), and 156, 157.

Review Teacher's Notes

Homework: Read meditation of the 5th chakra and organ correlations

Daily Awareness: Be aware of your 5th chakra and its correlations to the physical body throughout the upcoming week.

- Daily practice the meditation of your 5th chakra and its physical correlations.

Assignment #8:

Myss, Caroline, PhD, Anatomy of the Spirit, The Seven Stages of Power and Healing, Three Rivers Press, NY, NY, 1996, pg. 94-101, and Chapt. 6 of Part II.

Judith, Anodea, Wheels of Light, A User's Guide to the Chakra System, Llewellyn Publications, St. Paul, MN, 1992, Chapt. 7.

Clayman, Charles, MD, The Human Body, An Illustrated Guide to Its Structure, Function and Disorders, Dorling Kindersley Limited, NY, NY, 1995, pgs. 60-61, 66, 67, 98, 99 86-91 (briefly review).

Review Teacher Notes

Homework: Read meditation of the 6th chakra and organ correlations

Daily Awareness: Be aware of your 6th chakra and its correlations to the physical body throughout the upcoming week.

- Daily practice the meditation of your 6th chakra and its physical correlations.

Journals: Please journal your experiences of working with and studying chakras 5 & 6 include your experience with the meditations, experience in class (if applicable,) and your perceptions of the reading material.

Assignment #9

Myss, Caroline, PhD, Anatomy of the Spirit, The Seven Stages of Power and Healing, Three Rivers Press, NY, NT, 1996., pg. 94-101, and Chapt. 7 of Part II.

Judith, Anodea, Wheels of Light, A User's Guide to the Chakra System, Llewellyn Publications, St. Paul, MN, 1992, Chapt. 8.

Clayman, Charles, MD, The Human Body, An Illustrated Guide to Its Structure, Function and Disorders, Dorling Kindersley Limited, NY, NY, 1995, pgs. 22, 32, 54, 62, 63, 64, 65, 76, 77 (left side). This is very detailed information, just work on getting the basic understanding of it.

Review Teacher Notes

Homework: Read meditation of the 7th chakra and organ correlations

Daily Awareness: Be aware of your 7th chakra and its correlations to the physical body throughout the upcoming week.

- Daily practice the meditation of your 7th chakra and its physical correlations.

Journals: Please journal your experiences of chakra 7 meditation, experience in class (if applicable,) and your perceptions of the reading material.

Assignment #10

Myss, Caroline, PhD, Shealy, C. Norman, MD, PhD, The Creation of Health: The Emotional, Psychological and Spiritual Responses that Promote Health and Healing, Stillpoint Publishing, Walpole, NH, 1993, part IV.

Clayman, Charles, MD, The Human Body, An Illustrated Guide to Its Structure, Function and Disorders, Dorling Kindersley Limited, NY, NY, 1995. Use as a reference guide to follow as disorders and diseases are covered in The Creation of Health.

Assignment #11

Final Paper/Project:

Find a person in your community that has an illness/dysfunction in one of the organ systems we have covered in chakras 4-7. Do an energetic/physical assessment and analysis of them using the energetic tools that you have already gleaned and the information you have learned in this course.

Questions to ask yourself while doing assessment:

- What does this condition look like intuitively?
- What other correlations (mental, emotional, spiritual, energetic) are present?
- Communicate anything that is beneficial for this persons healing to them.

Write a 5-page paper of your experience (including above answers) and an explanation of their condition - how you saw it intuitively, as well as, research on this condition from a clinical and medical perspective. Please include citations and use bibliographic style.

FINAL ORAL EXAMINATION

Students must schedule the time and date of their final telephone oral examination with the instructor prior to the semester closure. The instructor will ask the student to respond to questions, which will be emailed to the student two weeks prior to the oral exam.

During this final oral exam, the instructor will make note of the student's effectiveness, strengths and weaknesses, and address specific concerns. A final assignment or recommendation may be given in order to bring the student to an integrated skill level.